

**LAN  
SER  
HOF**

LAN'S DERMA THERAPY  
2021



WOMAN

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Derma Therapy leaves you with a glowing complexion and inner radiance which has a powerful impact on both your presence and your personal appearance. A new sense of awareness leads to a new, invigorated expression of self: attractive, self-confident and natural.

To achieve this, we have created a comprehensive programme of highly innovative skin treatments, combining medical cosmetics with new and pioneering techniques and procedures. These treatments are the result of a collaboration between Lanserhof skin therapists and leading international cosmetic laboratories.

Derma Therapy is one part of the LANS Med Concept – a holistic health concept of unbridled innovation and ingenuity. It leaves no stone unturned in its mission to help, heal and revitalise. We combine state-of-the-art medical techniques from around the world with exceptional traditional healing therapies. Intimacy, attentiveness and empathy are crucial elements of our practice.

This approach has seen Lanserhof become Europe's leading health centre for regenerative and preventative medicine over the past three decades.



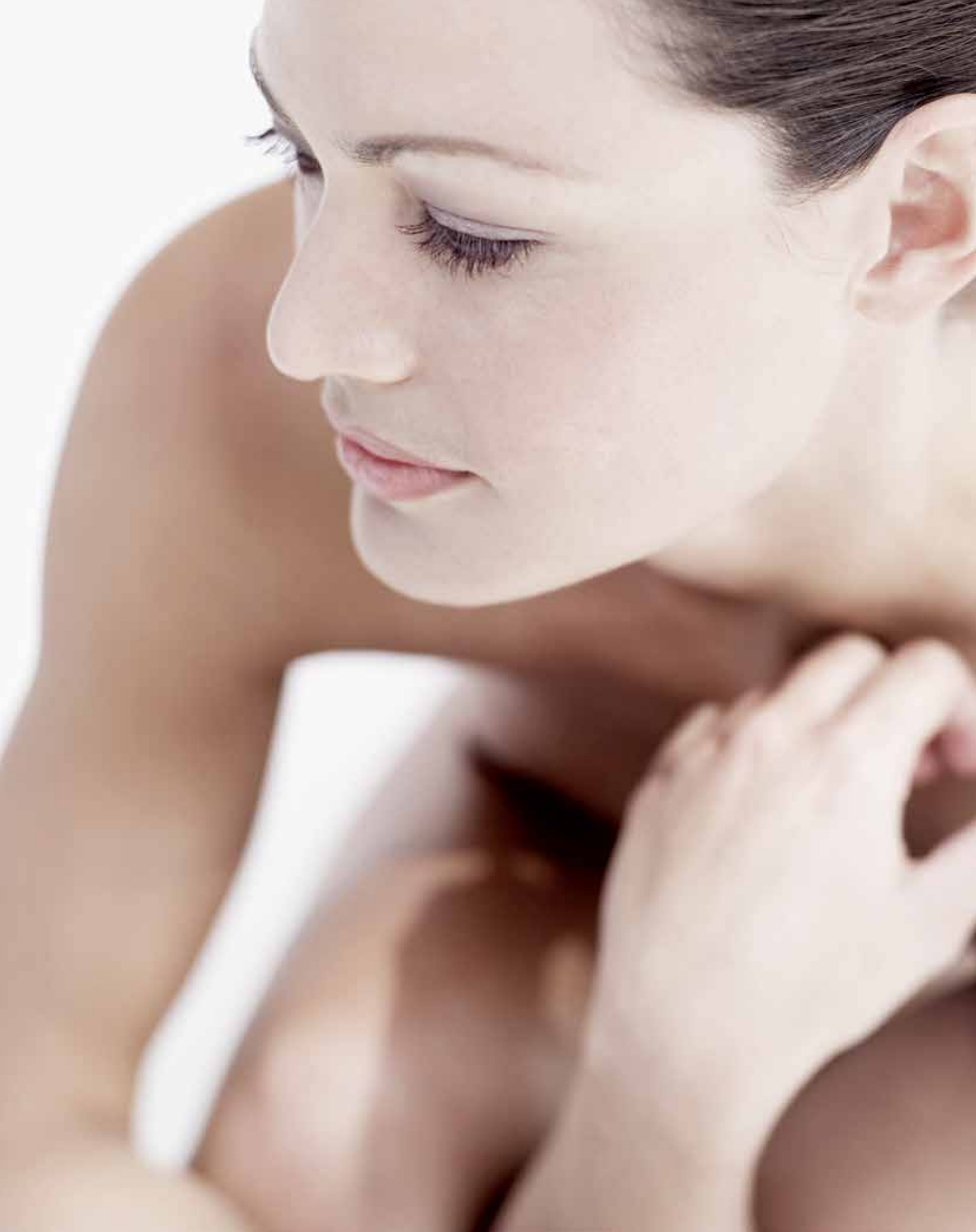
## HEALTHY SKIN – NEW ENERGY

The treatments and products focus on activating vital skin and body functions.

Our skin regulates five essential functions which are responsible for our health, beauty and vitality:

IMMUNITY FUNCTION  
ENERGETIC FUNCTION  
CIRCULATORY FUNCTION  
LYMPHATIC FUNCTION  
STRUCTURAL FUNCTION

These important functions are activated by phyto-energising product ranges as well as through bio-energetic and lymph-drainage massages, which also provide new energy.



## SKIN ACTIVE FACE

### LANS ACTIVE FACE

This intensive moisturising treatment is provided exclusively with our own brand LANS Special Care. The enzyme peel smooths the skin structure and facilitates the subsequent application of highly intensive yet natural active serums containing hyaluronic acid and vitamins to penetrate the skin. This activates collagen synthesis, enhances skin tone and density and also reduces wrinkle depth. The particularly compatible ingredients support and invigorate the skin's inherent immune function. It visibly improves skin quality.

70 min. € 193

### DETOX FACIAL TREATMENT

This is a clarifying and purifying treatment with detox drainage, for deep pore purity and balance. Eliminates allergic reactions and inflammations subside particularly quickly. For a clear, pure complexion.

70 min. € 193

### HYDRO BOOSTER

Become a flawless beauty. The dermal tissue is thoroughly hydrated and regenerated from within, while skin structure is also enhanced. Highly effective active agents set in velvety lotions boost cell regeneration, moisture supply and skin suppleness.

60 min. € 209

### AVANTGARDE SKIN VITAL WHITE PERFECTION

This is a multi-functional product from the field of medical dermatotherapy. Scientifically proven application of dermatological fruit acids and enzymes in combination with Skin Vital oscillating waves guarantee a visibly brighter complexion.

60 min. € 174

### INTENSIVE EYE TREATMENT

A special treatment for puffiness around the eye area. A lymphatic and cupping glass drainage has a decongestive and decongesting effect, while an intensively cooling eye mask provides a soothing moisturising effect on this sensitive facial area.

50 min. € 148





# TDA – SYSTEMATIC BEAUTY

TDA stands for “transdermal application”: the world’s first dermatological-aesthetic therapy system that brings active anti-aging substances to the deepest dermal layers in a pain-free, non-invasive procedure.

TDA combats the root causes of signs of aging and completely rejuvenates the skin – with visible and demonstrable anti-aging effects.

## TDA CARE2GO

In this Seyo TDA treatment, the active ingredients selected for your individual skin type are atomised into microscopic drops with highly concentrated oxygen before being applied to the surface of the skin using a TDA applicator. The high oxygen partial pressure makes it possible to apply the active agents as far as the deepest dermal layers. The result: a visible reduction in facial wrinkles and ideally nourished skin in a treatment tailored to individual requirements.

40 min. € 206

## TDA OXYGEN THERAPY +

After an intensive peeling treatment, individually selected anti-aging ingredients are applied as far as the deepest dermal layers with the help of TDA technology and highly concentrated oxygen. Skin structure is immediately visibly refined, leaving a natural glow. The ideal primer for a Mesolift treatment.

60 min. € 254

## TDA SPECIAL

This is a boost of freshness for special areas of skin. It is also available as a supplement to other treatments.

10 min. € 83

## TDA HAND AND NAIL TREATMENT

This treatment reduces hyperpigmentation and age spots, regenerates, smoothes and tightens the skin with lasting effect. At the same time, an intensive build-up care for beautiful, healthy and smooth nails.

40 min. € 135

## TDA SHINE & GLOW SCALP AND HAIR STRUCTURE TREATMENT

The transdermal infiltration of active ingredients provides 95% more resistance, shine and structure of the hair. Improves the scalp’s nutrient supply and prevents hair loss and dandruff.

30 min. € 146

# SKIN REPAIR FACE

## SKIN REGIMEN WOMEN

The Modern Plant Chemisty™-formula uses highly concentrated, extremely effective plant substances and high-tech molecules to actively combat stress-induced skin fatigue. Exclusive massage techniques, natural and refreshing aromas ensure a complete body-mind experience.

70 min. € 216

## SUBLIME SKIN, ACTIVE LIFT

Intensive firming treatment against the signs of the times. Whether expression lines or dryness wrinkles, biotechnological peptides ensure deep relaxation of the mimic musculature.peeling booster with vitamin C and concentrated hyaluronic acid activate cell renewal and padding from within. The Japanese Kobido lifting massage ensures visible results, taut contours and a natural glow.

70 min. € 198

## SENSITIVE SKIN REMEDY

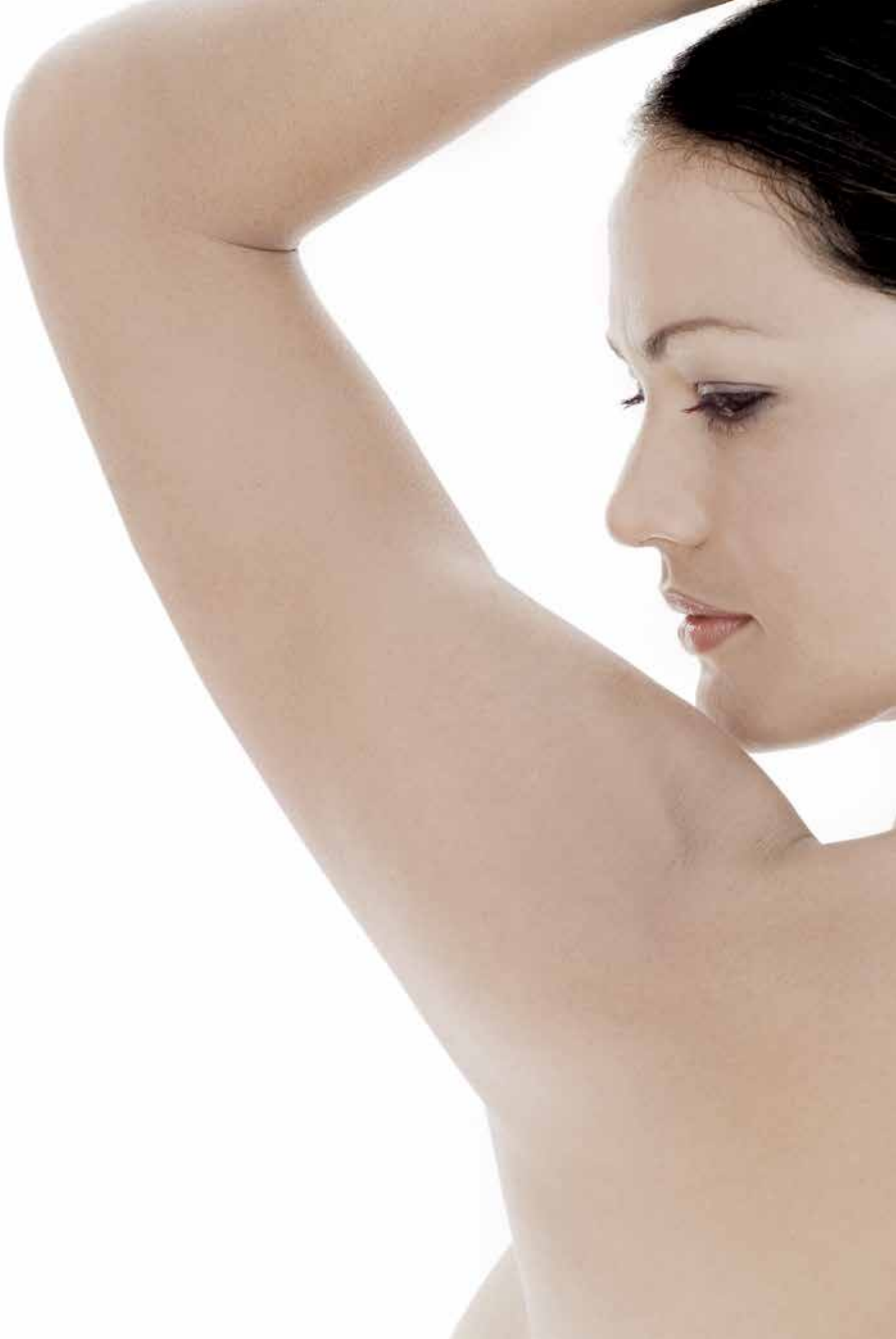
A harmonising facial treatment for hypersensitive skin prone to irritations, with decongestant lymph drainage. Selected, innovative and naturally active substances, biotechnologically extracted and carefully prepared, calm stressed and reddened skin and boost tolerance in the long term.

70 min. € 178

## ACTIVE PURENESS

A deep cleansing treatment to clarify and refine large-pored skin. A micro-peeling and a final clay mask provide a radiant effect, clear and fresh complexion.

75 min. € 189



# SKIN ACTIVE BODY

## DETOX CLEANSING LANS DERMA

We provide this gentle peeling treatment as an alternative to salt therapy for particularly sensitive skin. In this treatment, we use LANS Derma Peeling, a product developed by Lanserhof from purely natural substances.

50 min. € 167

## ESSENTIAL SALT THERAPY

Effective treatment for tension, hardened skin and allergic reactions. Includes a massage and bath with Dead Sea salts to activate and strengthen the fluid exchange between tissues. Supports the metabolism and promotes drainage and regeneration, providing a wonderfully relaxed sense of well-being.

50 min. € 167

## ALGAE SALT THERAPY

Combines elements of algae and salt therapies. Marine algae stimulate osmotic exchange and provide a decongestant effect. The high magnesium salt content and the energy-balancing effect together reduce the impacts of stress on the skin, promote harmony of yin and yang forces and revitalise the skin. This intensive treatment is rounded off by a balancing Thalasso bath.

75 min. € 230

## CELLULITE TREATMENT

Contour-enhancing, fat-burning and toning combo treatment; a brush massage, cupping glass massage and active wraps are all used to achieve immediately palpable, noticeable results.

Basic 50 min. € 167  
Intensive 75 min. € 189

## ACTIVE FIRMING CELLULITE TREATMENT

This treatment combines an intensive connective tissue massage, cupping glass drainage, activating and re-mineralising mud pack – and is concluded with a shower.

75 min. € 230

## ALGAE THERAPY YIN / YANG

Individual treatment for a relaxed, decongested, tightened and moisturised tissue through Yin. Yang detoxifies, invigorates, regenerates and promotes fat reduction with a special massage technique, algae pack and a refreshing shower for more elasticity and healthy, compact skin.

50 min. with shower € 164





# SKIN REPAIR BODY

## LIPO-DRAINAGE 3D

Puffy, swollen legs restrict our quality of life. This stimulating treatment provides immediate palpable relief for heavy legs. The powerful synergy of compression, drainage and vascular-strengthening plant extracts reduces fat deposits and thereby imparts an immediate sense of well-being. Pain is reduced and the legs become more mobile..

75 min. € 189

## BODY CONTOURING MIT ULTRASOUND

Ultrasound treatment for problem areas on the Body. It activates microcirculation and stimulates the cell metabolism. Toxins are increased transported away. The thermal effect of the ultrasound gives the vessels new momentum. It tightens and strengthens the connective tissue.

60 min. € 179

## BUST-UP TREATMENT

State-of-the-art technology makes it makes it possible to markedly enhance the elasticity of the bust. A biotechnologically created ingredient, similar to the female hormone oestrogen, enhances the shape of the breasts and improves its elasticity. This treatment consists of preparatory peeling, a toning serum and a thermal algae mask to firm up the breasts.

45 min. € 162

## BODY REMODELING

Three-phase modeling treatment for abdomen, legs, and buttocks. The first phase has a thermogenic effect to stimulate microcirculation, followed by an intense lipolytic massage and lastly a revitalizing cooling wrap on the legs, abdomen, and buttocks.

- Reactivates and improves microcirculation
- Shapes and stimulates lipolysis
- Gives a light and refreshing feeling in the legs

75 min. € 208

## REVITALISING BODY TREATMENT

With body masks specifically tailored to cater for your skin's characteristics, this body treatment is moisturising, revitalising and re-mineralising. It also enhances your skin's inherent regenerative ability and protective function. Phyto stem cells from the Alpine rose in combination with essential oils noticeably increase the resilience and resistance of your epidermis against negative environmental impacts.

50 min. with shower € 162

## BODY WRAPS

Typical application areas for this treatment are the legs, abdomen and/or arms. Based on your personal derma-therapist consultation, a suitable dermal wrap is selected and imparts its effects accordingly.

## ALKALINE, ALGAE, DECONGESTANT OR FIRMING BODY WRAP

These aromatic wraps purify, drain and slim while also firming up lax tissue. These wraps contain essential citrus oils and are particularly effective for sensitive, reddened skin. They support deacidification of the body, thereby promoting successful purification. The intensely purifying, draining effect affords the skin a new tautness and firmness.

Leg wrap	25 min.	€ 89
Abdominal wrap	25 min.	€ 78
Arm wrap	25 min.	€ 51
Leg / abdominal / arm wrap	35 min.	€ 140
Decongestant alkaline wrap	25 min.	€ 89

## MAKE-UP ADVICE FOR YOUR SKIN TYPE

We freshen up your make-up and give your skin a radiant appearance. Our specialist consultancy draws on the techniques of celebrated make-up artist Horst Kirchberger.

Daily make-up	60 min.	€ 104
	30 min.	€ 77







# SKIN ACTIVE FACE & BODY

## Get your body in shape – with the new “Endospheres” Microvibration Technology

The microvibratory pressure waves effectively combat the degradation of microcirculation in fatty tissue and its visible effects, such as cellulite, sagging connective tissue, as well as fat and water retention in all parts of the body.

This treatment specifically targets the enhancement of blood circulation, effectively optimising skin care, oxygen saturation, and cell regeneration. A general improvement in metabolism promotes the purification and detoxification of the tissue.

FACIAL APPLICATION		
Eyes, forehead, cheeks, neck, jawline and décolleté	30 min.	€ 250
FULL BODY APPLICATION		
Abdomen, legs, buttocks, waist and upper arms	60 min.	€ 360
PARTIAL BODY APPLICATION		
Abdomen, legs, buttocks	40 min.	€ 280
Abdomen, waist or upper arms	40 min.	€ 349



The skin is stimulated by the silicone microspheres, which massage, loosen, smooth, and stimulate circulation using pressure and various frequencies. The facial and body contours are restored to shape.

- a) pain-relieving
- b) Feeling of lightness in the legs
- c) effects on the vascular system
- d) body-shaping
- e) muscle relaxation

LEG WRAP		
Particularly effective after a Body Endospheres treatment is the wrapping on the legs to support the lymph flow and the elasticity of the skin.	25 min.	€ 89



# ORGANIC GREEN LUXURY

With Green Luxury, Pharmos Natur takes you into the world of ritual therapy. Experience the unique effect of PURE NATURE on your skin. Anti-aging treatments with exceptional plant energy – and 100% pure ingredients.

A specially-developed skin care ritual invites you to enjoy the sensation of the sumptuous, pure NATURAL substances on your skin as it is refreshed and enlivened. The result is a smooth, silky and even facial complexion, bright and beautiful eyes, a taut, toned décolleté and velvety soft skin for your entire body.

## ROHINI – DIVINELY FEMININE

Experience how the holistic mixture of carefully selected rejuvenating and regenerative plants imbues your cells with pure joy. Relish the energy and power of Rohini as it unfolds with you, imparting beauty, purity, sensuality, charisma, allure and warm-heartedness. A truly wonderful feeling.

80 min. € 285

## JOY FOR LIFE – COUPEROSE TREATMENT

The rejuvenating power of nature in its purest form. Attentive massage therapy in combination with 100% active ingredients that permeate all layers of the skin. In combination with hyaluronic acid, the treatment's cell repair complex strengthens and firms up the connective tissue with an intensive moisturising effect. The aloe vera also heals and soothes stressed, reddened and sensitive skin.

70 min. € 232

## PHARMOS MEN ONLY

A fresh appearance – new energy for him. This hydrating treatment is rich in active agents and works to revitalise and moisturise the skin. It smoothes away signs of stress and tension, leaving behind a healthy, well-groomed complexion.

60 min. € 189

## MAYA ME

Dive into a wonderful sense of well-being with freshness, hydration and sparkling joie de vivre. This pure herbal gel, taken fresh from the leaf, is gently massaged into the skin along with aromatic oils and medicinal plant products. The aloe vera fresh plant therapy smoothes and revitalises your skin, leaving it radiant. The result is a visibly refined, taut and smooth complexion.

60 min. € 161

## BODY DETOX EUROPEA

Experience high-quality plant extracts and detox oils as they facilitate your body's cleansing, providing you with physical well-being both inside and out. A combination of herbal peeling, aromatic oils and nurturing medicinal plants give your body a new vitality.

60 min. € 182

# SUBTLE ENERGIES

## 24-CARAT GOLD AGE-DEFYING FACIAL

This exotic care concept revitalises the skin, strengthens emotional balance and promotes well-being. Natural aromas such as the Mongra Indian jasmine, rose blossom extract and natural antioxidants counteract premature skin aging. A particularly pleasant and relaxing marma point massage for the face and head, which increases the formation of collages, is actively supported by the plant extracts. The 24K gold content has a revitalising and energising effect down to the deepest skin layers and leaves a velvety glow.

80 min.    € 299

## SUBTLE ENERGIES INNER BALANCE

A therapeutic Marma head and facial massage with aromatic oils ensures inner harmony with deeply relaxing, soothing and relieving effects.

40 min.    € 153

# ROYAL FERN CARE

The perfect symbiosis of highly potent natural substances and modern anti-aging cell research combats skin-aging caused by environmental factors. Fern extracts protect sensitive cell DNA against light-induced skin aging. The patented Royal Fern complex prevents collagen and elastin from being broken down and stimulates their production.

## PHYTO BALANCE – ROYAL FERN

The treatment has a harmonising effect on stressed and environmentally irritated skin. The Royal Fern complex, wild rose blossom extracts, seeds from the African Voacanga tree and seabuckthorn combine their intensively hydrating, moisture-regulating and soothing effects. At the same time, cell activity is stimulated, and resilience is enhanced. It provides immediately palpable results and leaves you with a fresh, healthy and natural appearance.

70 min.    € 199





# MEDICAL ANTI-AGING SKIN CARE

## MBR – SKIN CARE BORDERING ON MEDICINE

A discerning skin care regime involves elevated requirements. As a result, MBR is constantly researching new and even more effective active ingredient systems, while monitoring their in-house production with the utmost diligence. For MBR the ability to provide its discerning consumers with high-performance products in efficient treatment processes with qualified specialists is just as important.

### CUSTOMISED FOR YOU

Focusing on a variety of skin requirements and conditions, our many diverse treatments directly address root causes in order to ensure individual and long-lasting skin care. In a personal consultation, specially-trained MBR Dermaceuticians® will establish the most effective treatment methods for your skin and arrange an effective, personalised skin care programme.

The effective concept,

- OPEN
- CARE
- CLOSE

transforms your skin to perfection. Fruit acids and enzymes prime the skin for a unique, deep-acting treatment in order to regenerate and rejuvenate the skin from within.

## DERMAL-EPIDERMAL TREATMENT

In this treatment, enzymes remove dead cells on the surface of the skin and prepare it to absorb the active ingredients. An intensively moisturising and cell-invigorating treatment especially for fatigued and dry skin, it smoothes out lines and wrinkles and returns elasticity and vitality to the skin.

70 min. € 230

## CYTOLINE 100 TREATMENT

A special kind of energy boost. Phytohormones provide new energy, leaving skin with a firm, taut appearance. A special collagen algae mask provides deep cleansing; this treatment is a wonderful experience and a balm for the soul. Ideal for fatigued, lifeless skin in need of regeneration.

70 min. € 316

## PURE PERFECTION 100 LIQUID SURGERY TREATMENT

The purest ingredients deploying 100% of their potential take your skin to a new level of derma-ceutical facial care. This treatment returns oxygen to the skin and enlivens all dermal layers. This is your perfect lifting treatment without a scalpel. An effective remedy for demanding, lacklustre, fatigued skin in need of additional energy. Deeply hydrating, relaxing and smoothing. Produces an instantly visible and palpable lifting effect, leaving the skin with a fresh, firm appearance.

75 min. € 334

## MSB – MEDICAL SPIRIT OF BEAUTY®

MSB is the scientifically intelligent concept to meet the complex demands of modern skin care: efficacy, individuality and sustainability.

## SKIN RENEWAL ACID PEEL

Depending on the required intensity, we can provide an optional intensive skin peeling treatment – in a painless, pleasant procedure. Particularly effective on deep scars, large pores and rough skin textures, this treatment is an effective cure to completely renew skin on the face or elsewhere on the body.

50 min. € 189

## SKIN NORMALISING TREATMENT PRE-MESO PRIMER

The ideal primer for mesotherapy, as fruit acids can gently remove hardened skin from the upper surface of even the most sensitive areas, making it possible to achieve an optimal outcome. The treatment is very effective for pigmentation and liver spots.

60 min. € 217

## ALPHA TROPHOX 112 TREATMENT – CONTOUR LIFTING

A unique ‘wow’ effect treatment with an intensive skin-smoothing serum which in particular targets facial expression lines. A particularly effective option before or after facial injections to boost the results or extend them in the long term.

60 min. € 245

## ANTI-AGING BODY TREATMENT

Pampering body treatment with gentle massage. Creamy substances are massaged into the cell structures to return power and strength to the tissue.

60 min. € 210

## CYTOLINE VITAMIN C POWER TREATMENT

The skin is refined by an enzyme peeling. Activating vitamin C serum provides for new energy and tingling skin experience and natural glow. A final alginate mask rounds off the pampering program.

60 min. € 254



# MEDICAL ANTI-AGING SKIN CARE

## REVIDERM – PREMIUM SKIN REGENERATION

Effective derma-cosmetic solution to counter the skin-aging process and the loss of elasticity and radiance. Microdermabrasion, a non-invasive mechanical skin peeling method, aids the retention of the skin’s natural beauty. High-frequency ultrasound technology, the ultimate partner for active ingredients, yields a perfect synergy for counteracting the aging process at an early stage.

### HYDROBALANCE WITH HYDROLAGE

A unique and deeply moisturising treatment. Following a gentle microdermabrasion, the skin is hydrated with high-quality collagen and pampered with a fine lymph brush. The hydrolage acts as an occlusive dressing, helping moisture to infiltrate the skin, leaving a radiant complexion behind.

60 min. € 210

### MICRODERMABRASION & ULTRASONIC PEELING

Classic microdermabrasion, intensive mechanical peeling. Refines and enhances skin texture, reduces wrinkle depth and activates cell turnover. The skin is primed before ultrasound waves enable highly efficient active ingredients to infiltrate the skin, stimulating lymphatic flow.

60 min. € 206

LINE LIFT WITH PCA PEELING – an additional treatment especially for special skin zones, for intensive enhancement of perioral lip lines and expressive lines around the eyes and forehead. Also bookable as a supplementary treatment.

70 min. € 227

### SMART ANTI-AGING WITH OXYGEN

Two patented beauty treatments, brief microdermabrasion and state-of-the-art ultrasound technology, actively counteract collagen and elastin depletion. More suppleness and elasticity. For long-lasting results and visibly younger skin.

60 min. € 254

### CONTOUR LIFT

An active anti-aging programme to counter the skin aging process – symptoms of which include reduced tissue firmness, contour loss, and the formation of lines and wrinkles – through 10 MHz ultrasound technology in conjunction with skin-identical peptides. The Contour Lift formula caters for palpably firmer contours, enhanced tissue firmness and visibly reduced wrinkles. Provides long-lasting, inspirational results.

60 min. € 242

# MEDICAL ANTI-AGE SKIN CARE

## AWAKEN THE POWER OF FRESH CELLS WITH MICRONEEDLING

Microneedling is a revolutionary anti-aging method that uses the self-healing powers of the skin to rejuvenate itself in a unique way.

Punctiform micro-injuries, caused by micro-fine needles, signal „wound healing“ and initiate processes that lead to the regeneration of collagen and elastin and the activation of hyaluronic acid.

### MICRO NEEDLING

The skin receives a pre-treatment by an enzyme + AHA peeling. The flowing rotations of the needling-pen create punctiform micro-injuries, stimulating the self-healing processes to remodel the skin tissue. The depth of treatment is individually adjustable. At the same time, individual serums of active ingredients are incorporated. The active ingredients are introduced by ultrasound and sealed with a concluding and moisturising bio-cellulose matrix mask.

60 min. € 269

Micro Needling  
Cell Premium +

60 min. € 306

### NEEDLING SPECIAL AREAS

Mouth area and around the lips 30 min. € 169

Eye area 30 min. each € 169

Forehead 30 min. € 169

### 3D ANTI-AGING INTENSIVE TREATMENT

1. Microdermabrasion improves the structure and refinement of the skin - an optimal preparation for the subsequent micro needling.
2. Micro-needling activates the repair mechanisms of the skin and stimulates collagen-elastin regeneration and hyaluronic acid activation.
3. The introduction of hyaluron and active ingredient serums with ultrasound causes an intensive deep moisturisation of the skin, it appears firmer, more vital and radiant.

90 min. € 398



# UNIVERSKIN™ YOUR SKIN – YOUR FORMULA



A team of scientists, experts and French specialists in dermatology, constructive surgery, biology and chemistry has developed UNIVERSKIN™, placing a particular focus on innovation and aspiration towards enhancing skin functions in order to transfer the principles of functional dermatology to the field of cosmetology.

The underlying philosophy is to apply a medical logic to skin care, with the ability to select and adjust active ingredients, concentrations and application of care products to the recipient's individual skin type and current care requirements.

Developed by doctors for doctors and special therapists – UNIVERSKIN™: every skin care product is one of a kind, a personalised remedy.

UNIVERSKIN™ – Microscopic skin analysis	30 min.	€ 63
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## UNIVERSKIN™ – Medical skin analysis

We determine the current condition of your skin and your skin care requirements on the basis of a catalogue of questions. After evaluating the results, your personalised products are individually blended.

45 min.	€ 89
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# JETPEEL™

## THE INNOVATIVE FACIAL TREATMENT

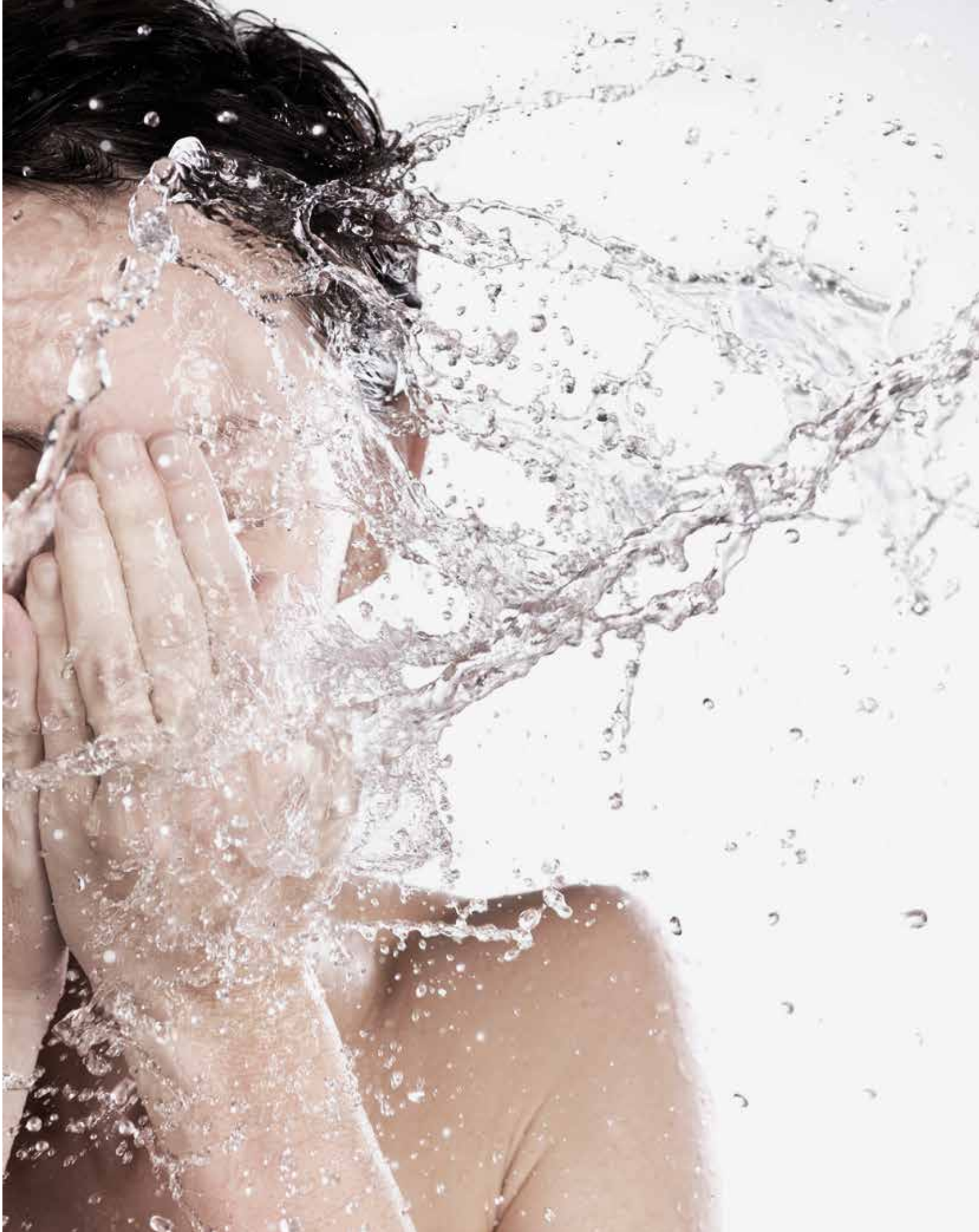
Contact-free, needle-free and deeply penetrative! JetPeel™ is one of the world’s most exciting derma-cosmetic treatment methods, composed of several treatment steps: lymph drainage, massage, deep cleansing, exfoliation, pH management with oxygen and hydroporation.

In hydroporation, highly effective substances are massaged gently yet dynamically into the deepest layers of skin. JetPeel™ visibly and sustainably enhances your complexion in a short amount of time.

The JetPeel™ technology is a safe and effective treatment method for deep cleansing and complexion refining, which also stimulates blood flow and skin activity. The first positive results are visible and palpable immediately after the treatment: Small wrinkles are smoothed out and the skin appears fresh with a unique, natural glow.

JetPeel™ can be used to enhance the face, neck, décolleté and hands at any time.

JETPEEL™ Intensive	60 min.	€ 292
JETPEEL™ Hydroporation	60 min.	€ 223
JETPEEL™ Deep cleansing	30 min.	€ 119
JETPEEL™ Deluxe	90 min.	€ 398



# SKIN ACTIVE BODY

The world’s only non-invasive procedure  
for muscle building and fat burning

**EMSCULPT®** is the latest innovative step in non-invasive body shaping. It improves the body contour, muscle density and muscle volume, and burns fat – all at the same time. **EMSCULPT®** is the only alternative to surgical buttock lifting and offers non-invasive buttock enhancement.

**EMSCULPT®** uses HIFEM® (High-Intensity Focused Electro-Magnetic Field) technology. HIFEM® makes up to 20,000 artificial muscle contractions per session possible. These are called supramaximal contractions, and they cannot be achieved by normal muscle movements. The muscles respond to a complete reshaping of their internal structure, i.e. myofibrils (muscle hypertrophy) increases and new protein strands and muscle fibres (muscle hyperplasia) form. This procedure results in the growth of the muscle structure. The final results of the treatment can be seen after about eight weeks.

- Intensive muscle building
- Buttock lifting effect
- FDA certified
- Confirmed by independent studies

Before the treatment can be carried out, a consultation with one of our doctors must first take place.

For modest improvement wishes, two treatments per zone are sufficient.  
For the best possible effects, four applications per selected zone should be performed.  
These should be punctuated by a treatment interval of at least two days.

EMSCULPT® ABDOMEN	30 min.	€ 690
EMSCULPT® BUTTOCKS	30 min.	€ 690
EMSCULPT® THIGHS Front	20 min.	€ 480
EMSCULPT® THIGHS Inside	20 min.	€ 480
EMSCULPT® CALVES	20 min.	€ 480
EMSCULPT® UPPER ARMS Triceps and biceps	40 min.	€ 950

# RADIO FREQUENCY – THE MODERN ART OF BODY SCULPTING

## THE SHYLD™ RADIO FREQUENCY THERAPY

Shockwaves, hyperthermia and lymph drainage – a unique, innovative and clinically tested concept. Medical professionals and scientists have collaborated to develop this pioneering new therapy method to fight cellulite and stretch marks, reduce body size and to increase the skin firmness.

### THE ART OF BODY SCULPTING BODY

Whole body, abdomen, buttocks, upper thighs or upper arms: this innovative and clinically proven body-sculpting concept rejuvenates tissue (whole body, abdomen, hips, thighs) in a graded treatment process. Intense shockwaves enhance cell elasticity, hyperthermia promotes collagen regeneration and tautens the skin, while an intensive massage simultaneously increases blood and lymph circulation.

- Treats cellulite, uneven skin and stretch marks
- Promotes fat burning
- Firms skin after weight loss
- Increases microcirculation and fibroblast growth
- Enhances skin texture

per 50 min. from € 316

### THE ART OF SKIN TIGHTENING FACE & NECK

Hyperthermia delivers a clearly noticeable reduction in wrinkles even after the first treatment. Atrophic skin is smoothed and wrinkle depth reduced. The formation of collagen and elastin is also activated. This intensive anti-aging treatment provides lasting results and enhanced skin texture: firmer, smoother, healthier.

- Firms skin
- Reduces line depth
- Activates cell regeneration
- Boosts microcirculation and fibroblast growth

per 50 min. € 349





## SKIN ACTIVE MAN FACE

### DETOX TREATMENT

A special decongestant, detoxifying and harmonising treatment for deep-pore cleansing and balance with detox drainage. It swiftly relieves allergic reactions and inflammations and ensures a pure, clear complexion.

70 min. € 193

### ACTIVE PURENESS

Deep-cleansing treatment to purify and refine for large-pored skin. A micro-peeling and concluding toning mask give the skin a clear, fresh and radiant complexion.

75 min. € 189

### SKIN NORMALISING

Deep-cleansing treatment with fruit acids; also the ideal primer for mesotherapie, as fruit acids can gently remove hardened skin from the upper surface of even the most sensitive areas, making it possible to achieve an optimal outcome. Sensationally effective treatment for pigmentation and liver spots.

60 min. € 217



# SKIN ACTIVE MAN BODY

## ESSENTIAL SALT THERAPY

Effective treatment for tension, hardened skin and allergic reactions. Includes a massage and bath with Dead Sea salts to activate and strengthen the fluid exchange between tissues. It supports the metabolism, drainage and regeneration and provides a wonderful relaxing sense of well-being.

50 min. € 167

## ALGAE SALT THERAPY

Combines elements of algae and salt therapies. Marine algae stimulate the osmotic exchange and provide a decongestant effect. The high proportion of magnesium salts and the energy-balancing effect reduce the impact of stress on the skin, promote harmony of yin and yang forces and revitalise the skin. This intensive treatment is rounded off by a balancing Thalasso bath.

75 min. € 230

## ALGAE THERAPY YIN / YANG

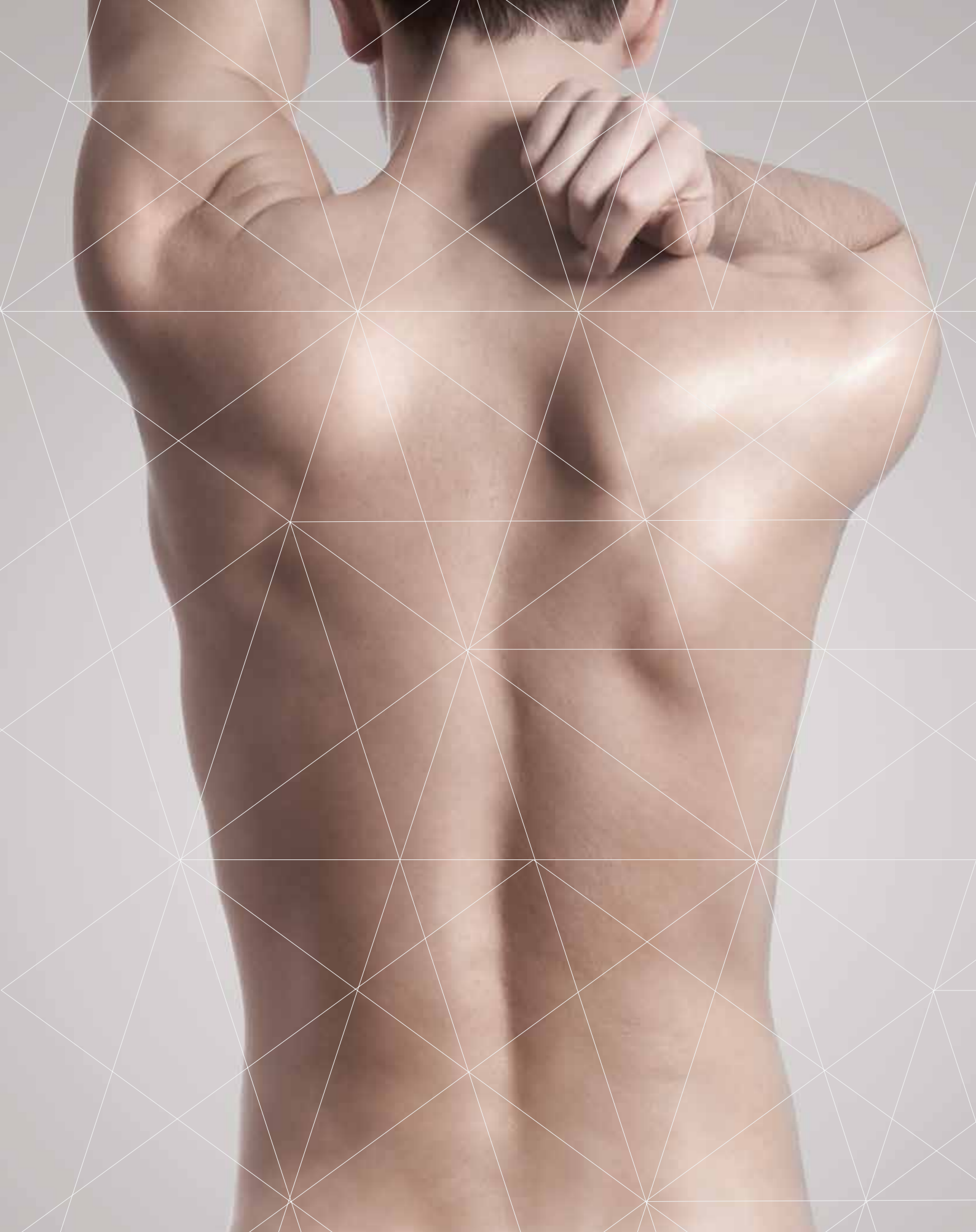
Individual treatment for a relaxed, decongested, tightened and moisturised fabric through Yin. Yang detoxifies, invigorates, regenerates and promotes fat reduction. With a special massage technique, the algae pack and a refreshing shower result in more elasticity and a healthier, compact skin.

50 min. with shower € 164

## MONTICELLI MUD

Contouring treatment with thermal mud. Due to the combination of natural ingredients, sodium bromide-rich Monticelli thermal water and essential oils, this exclusive thermal treatment is intensively detoxifying. The effective draining effect boosts the breakdown of subcutaneous fat.

55 min. with shower € 162







# SERVICES



## INDIVIDUAL SERVICES

Pedicure	€ 73	Nail polish extra	€ 37
Pedicure with varnish	€ 86	Facial lymph drainage	35 min. € 127
Pedicure with shellac	€ 108	Facial massage	€ 76
Manicure	€ 69	Facial ampoule during treatment	€ 24
Manicure with varnish	€ 82	Eye mask	€ 24
Manicure with shellac	€ 108		
Shellac removal	€ 39		

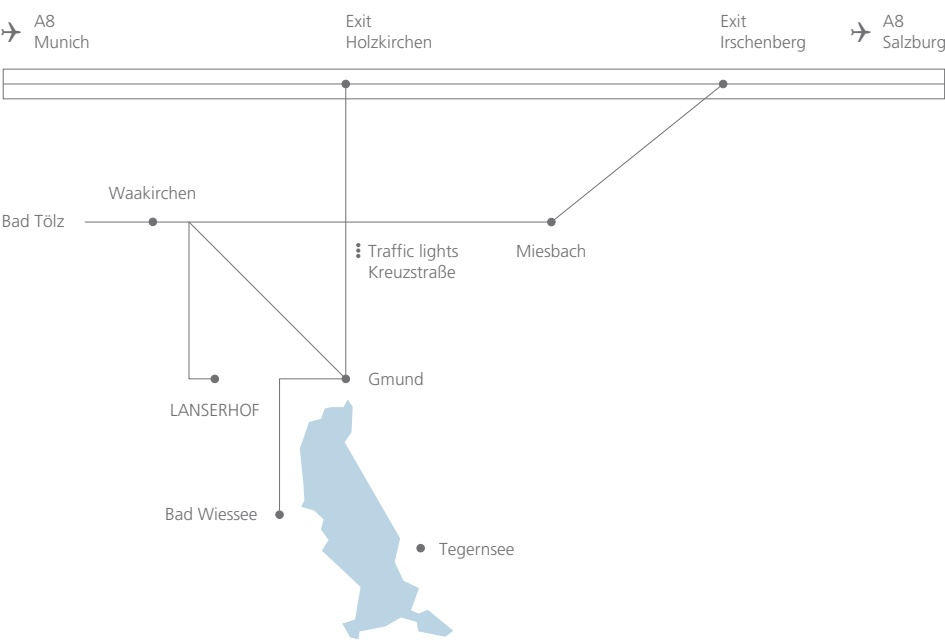
## DEPILATION

Back with shoulder	from € 102
Full legs	from € 104
Lower legs	€ 64
Bikini area	€ 52
Underarms	€ 36

## TINTING

Full face	€ 30	Eyelashes	€ 25
Chin	€ 17	Eyebrows	€ 23
Upper lip	€ 17		
Eyebrows	€ 17		

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