

**LAN
SER
HOF**

LANSERHOF
DERMA THERAPY
2022



WOMAN

Skin Active Face	4
Skin Repair Face	6
Skin Active Face & Body	16
Skin Repair Body	20
Skin Repair Cryolipolysis	22
Skin Repair Body	24

MAN

Skin Active Man Face	26
Skin Repair Man Face	28
Skin Active Man Body	30
Skin Repair Man Body	34
Lanserhof Services	36

**LAN
SER
HOF**

Dermatherapy leaves you with a glowing complexion and inner radiance which has a powerful impact on both your presence and personal appearance. A new sense of awareness leads to a new, invigorated expression of self – attractive, self-confident and natural.

We have created a comprehensive programme of highly innovative skin treatments that integrates medical cosmetics with new, state-of-the-art techniques and procedures; a programme jointly developed by Lanserhof skin therapists and leading international cosmetic laboratories.

Dermatherapy is part of the Lanserhof Concept – a holistic health concept that navigates mental barriers and, in principle, considers every available option that could assist the healing and revitalisation process. Consequently, we have combined state-of-the-art practices of international high-end medicine with exceptional traditional healing therapies. Proximity, attentiveness and empathy constitute equally important elements of our practice.

Over the last three decades, approach established Lanserhof as the leading health care centre for regenerative and preventative medicine in Europe over the last three decades.



SKIN ACTIVE FACE

HEALTHY SKIN – NEW ENERGY

Our treatments and products focus on activating vital skin and body functions.

The skin regulates five essential functions which are responsible for our health, beauty and vitality:

IMMUNITY FUNCTION
ENERGETIC FUNCTION
VASCULAR FUNCTION
LYMPHATIC FUNCTION
STRUCTURAL FUNCTION

These important functions are activated by the phyto-energising **SALIN DE BIOSEL** product line as well as through bio-energetic and lymph-drainage massages, which provide new energy.



LANSERHOF LAB SERIES REGENERATION

A particularly deep-acting treatment that focuses on intensive nourishment and activation of the skin's own resistance – for skin in top condition. Highly active ingredients of vegan origin intensively stimulate cell regeneration. An acupuncture massage included in the treatment effectively relaxes your skin immediately. In addition, an algae massage ensures optimal penetration of the active ingredients and strengthens the lymphatic system. The final care massage gives your skin an irresistible complexion and natural glow.

80 min. € 303

DETOX BIOSEL-TREATMENT

A decongesting and detoxifying treatment for deep-pore cleansing and balance. Swiftly relieves allergic reactions and inflammations and ensures a clear complexion.

75 min. € 209

HYDRO BOOSTER

Flawless beauty. The dermal tissue is regenerated from within and skin structure is enhanced. Highly effective active agents set in velvety lotions boost regeneration, moisture supply and skin suppleness.

60 min. € 223

ALLEVIATING REMEDY

This fragrance-free facial treatment renews the skin and alleviates imperfections in areas of sensitive skin prone to redness. The soothing effect of mirabilis flowers, purple giant hyssops and Marula oil restores the protective skin barrier and smooths the skin.

60 min. € 189

ENERGETIC LIFTING

The stimulation of the energetic forces Yin and Yang results in a natural and visible improvement of the facial outline. Hot-cold effects boost blood flow and lift the skin.

75 min. € 244

INTENSIVE EYE TREATMENT

Extrinsic irritations and the natural ageing process particularly manifest themselves in the form of swelling around the eyes. Facial lymph drainage and an intensively nurturing eye mask achieve soothing hydration and drainage in this sensitive facial area.

50 min. € 157



SKIN REPAIR FACE

TDA

TDA stands for “transdermal application”: the world’s first dermatological-aesthetic therapy system that conveys active anti-aging substances to the deepest dermal layers in a pain-free, non-invasive procedure.

TDA combats the causes of signs of ageing and completely rejuvenates the skin.

To complement our well-known facial TDA treatments, we now offer new ampoule applications during treatment.

HYALDERM has an antibacterial effect on epidermal lesions and flaky, cracked skin. Improves skin elasticity and moisture, alleviates itching and redness.

MATRIX-A is a hypoallergenic formula to stimulate the skin’s own hyaluronproduction. It moisturises and gives the tissue more elasticity.

TDA SHINE & GLOW scalp and skin structure treatment

This treatment provides up to 95% more resistance and shine to the hair. It supports the regeneration of the scalp, prevents hair loss and dandruff and gives the hair more volume.

30 min. € 155

TDA CARE2GO

In this Seyo TDA treatment, the active ingredients selected for your individual skin type are atomised into microscopic drops with highly concentrated oxygen before being applied to the surface of the skin using a TDA applicator. The high oxygen partial pressure enables applying the active agents deep down in the dermal layers. The result: a visible reduction in facial wrinkles and perfectly nourished skin in a treatment tailored to individual requirements.

40 min. € 218

REFRESHING BOOSTER INCL. TDA

The proven HYDRO BOOSTER treatment is further enhanced by TDA. The dermal tissue regenerates from within and skin structure is enhanced. Highly effective active agents set in velvety lotions are boosting regeneration, moisture supply and skin suppleness. The deep hydration from a highly effective collagen membrane completes the treatment.

75 min. € 303

TDA SPECIAL

A boost of freshness for special areas of skin. Can only be booked as an add-on to facial treatments.

€ 69

TDA – POSTOPERATIVE for after Fillers, PRP or Mesotherapy

The gentle TDA technology with hyaluronic acid is ideal for soothing the skin after a face lift or immediately after fillers and injections. Minimally invasive injection sites regenerate faster, and irritation and bruising are reduced more quickly. This is the optimal follow-up treatment for the skin, supporting the healing process and promoting elasticity.

40 min. € 206

TDA HAND AND NAIL TREATMENT

This treatment diminishes pigmentation and liver spots, regenerates the skin, reduces wrinkle depth and provides long-lasting tautening. Selected active ingredients with highly-concentrated oxygen are atomised into microscopic droplets before being applied to the surface of the skin using a TDA applicator. For the nails, this treatment is a comprehensive build-up care, which promotes the growth of beautiful and healthy nails and smoothes the nail surface.

40 min. € 143

SKIN REPAIR FACE

NEW DEEP-ACTING EFFECT FOR MAXIMUM CARE

The HydraFacial™ method combines the removal of the dead skin cells, deep cleansing and dermal infusion of antioxidants, vitamins and hyaluron, all in one serum. Additional light therapy and lymph drainage round off the treatment.

THE ALL-ROUNDER FOR HEALTHY SKIN

The unique serum supply makes HydraFacial™ an unmatched treatment. The Hollywood treatment works in four steps: exfoliation, peeling, cleansing and skin care. Dead skin cells are removed and impurities are extracted from the pores, while the skin is simultaneously supplied with antioxidants, peptides, vitamins and hyaluronic acid.



HYDRAFACIAL™ BRONZE FACE APPLICATION

This treatment is the ultimate boost for your complexion. After cleansing and a gentle peeling, skin impurities are removed and regenerating antioxidants and moisturising hyaluronic acid are worked into the skin. A day care treatment is added for a perfect result.

40 min. € 233

HYDRAFACIAL™ SILVER FACE APPLICATION

Lymphatic drainage is pleasant decongestion therapy that stimulates the flow of lymphatic fluid in the body and prepares the face perfectly for the HydraFacial™ treatment.

This facial treatment is intensive and regenerating, thus directly acting against fine lines, impurities and wrinkles. Pigment spots are compensated, pores are reduced and an even complexion is achieved. The treatment is particularly recommended for skin prone to acne.

Face and neck are also treated with LED light therapy. The result is a perfect, radiant and even complexion.

60 min. € 313

HYDRAFACIAL™ GOLD FACE APPLICATION

HydraFacial™ Gold combines the ultimate intensive care for face, neck and décolleté. In addition to HydraFacial™ Silver, a Derma-builder peptide mixture acts as an anti-aging booster to alleviate fine lines and wrinkles. This therapy is also rounded off with LED light therapy and final care.

75 min. € 392

HYDRAFACIAL™ ADDITIONAL AMPOULE

in treatment € 30

HYDRAFACIAL™ BACK TREATMENT

An ideal application for smooth and impurity-free skin. With lasting cleansing, peeling, removal and moisturising of the skin. The LED light therapy rounds off the back treatment.

50 min. € 292

The facial skin needs a lot of moisture for a few days after the HydraFacial™. Therefore, we recommend the facial treatment TDA CARE 2GO after approx. 2 days (see page 7).

SKIN REPAIR FACE

SKINCEUTICALS – SKIN CARE BASED ON THE LATEST SCIENTIFIC ADVANCES

With its groundbreaking innovations, SkinCeuticals is a pioneer of anti-aging products at the very forefront of medical dermatological cosmetics. Decades of medical research have made it possible to develop highly-concentrated antioxidants and formulas using the purest active agents which deeply penetrate the skin and produce visible effects. The bioavailability and antioxidative properties of SkinCeuticals' vitamin C formulas are used and recommended by dermatologists and plastic surgeons alike to reverse skin aging and prevent its recurrence.

SMART LIFTING

This anti-aging treatment contains a highly-concentrated and highly effective combination of pure active agents and is ideal for areas of skin displaying signs of aging. It reduces wrinkles, creases and loss of suppleness in the face, neck and décolleté. Highly concentrated vitamin C, vitamin E and ferulic acid treat the signs of skin changes caused by exposure to light and help to prevent damage in future (through free radicals, UVA rays, etc.). Massage techniques specifically attuned to this skin type and products containing proxylane, blueberry extract and hyaluronic acid afford the skin new tautness and vitality. Skin appears more vital, youthful, smooth, elastic, firm and resistant.

75 min. € 316

CLARIFYING DETOX

This is an ideal treatment for blemished skin prone to outbreaks of acne. Products specifically attuned to this skin type containing highly-concentrated vitamin C, phloretin and salicylic and glycolic acids offer a holistic solution which regenerates this skin type's complex state and helps the skin to regain its vitality and purity.

60 min. € 229

ADVANCED CORRECTION

Treatment for pigmentation and uneven complexion. A combination of highly-concentrated vitamin C, phloretin and alpha and beta hydroxy acids, this preventative anti-aging treatment effectively combats the first signs of skin aging and pigment alteration and helps restore a uniform complexion to the skin. In the long term, previous UV damage is reduced and future pigment disorders are prevented.

75 min. € 316





SKIN REPAIR FACE

MBR – SKIN CARE ADJACENT TO MEDICINE

Our many diverse treatments, focused on an array of skin requirements and conditions, directly address root causes and enable an individually-tailored, sustainable skin care. The effective “OPEN – CARE – CLOSE” concept will lead your skin towards perfection. Enzymes or fruit acids prepare the way for unique, deep-reaching nourishment to regenerate and rejuvenate the skin from within.

DERMAL – EPIDERMAL

An intensively moisturising and cell-invigorating treatment specifically conceptualised for dry and fatigued skin. Enzymes remove old, dead cells on the surface of the skin and prime it to absorb the active ingredients. Lines and wrinkles are smoothed out, and the skin appears radiant, taut and revitalised.

60 min. € 244

CYTOLINE 100

A special kind of energy booster for tired and lifeless skin in need of regeneration. Phyto-hormones provide new energy, leaving the skin appearing firm and taut. A special collagen-algae mask also provides deep cleansing. A balsam for skin and soul alike.

75 min. € 335

PURE PERFECTION 100 LIQUID SURGERY

For demanding, fatigued, lacklustre skin. The purest ingredients deliver 100% of their potential and take your skin to a new level of dermatological facial care. Returning oxygen to the skin revitalises all dermal layers. Deep hydration, relaxation and smoothing result in an immediately visible, palpable impact as the skin appears markedly fresher and more taut. The perfect lifting treatment without the need for a scalpel.

75 min. € 354

ALPHA TROPHOX 112 TREATMENT – CONTOUR LIFTING

The perfect choice before or after an anti-wrinkle injection. This remarkably effective treatment noticeably minimises troubling facial wrinkles. An intensive skin-smoothing active serum guarantees long-lasting effects.

60 min. € 260

SKIN REPAIR FACE

LIFTING WITHOUT SCALPEL AND WITHOUT SYRINGE – STK MULTILINE

STK technology is a highly effective, non-invasive lifting method for the face, neck and upper arms. In contrast to other lifting methods, the tissue is treated with targeted heat impulses. This treatment stimulates the body's own collagen synthesis and results in the tightening of the tissue.

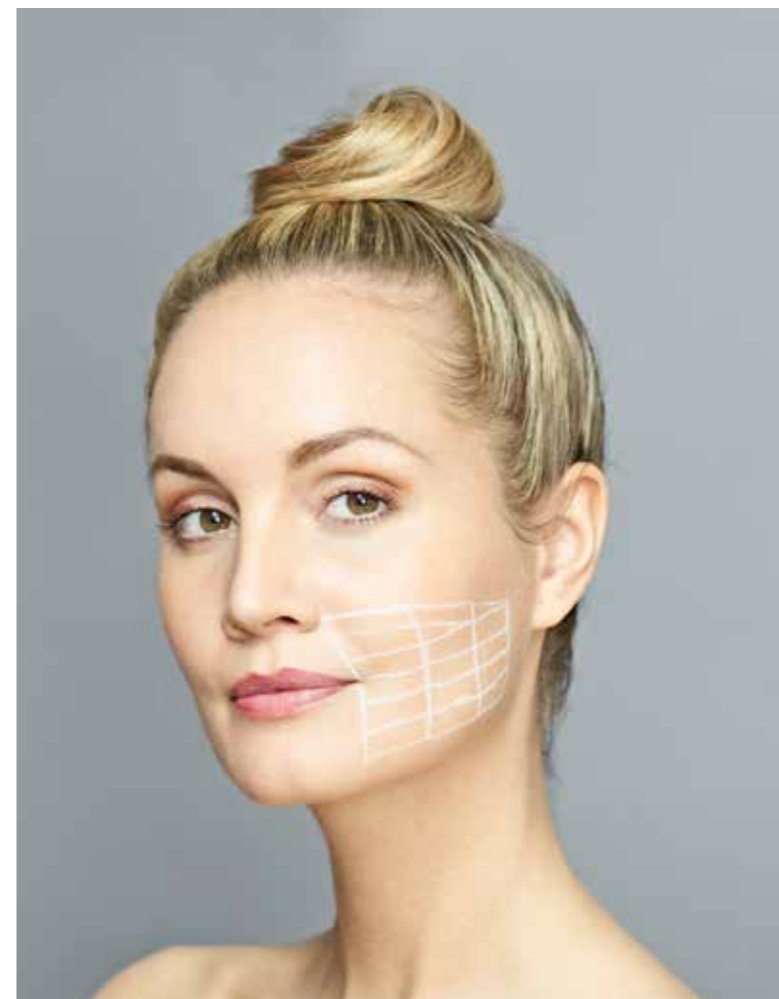
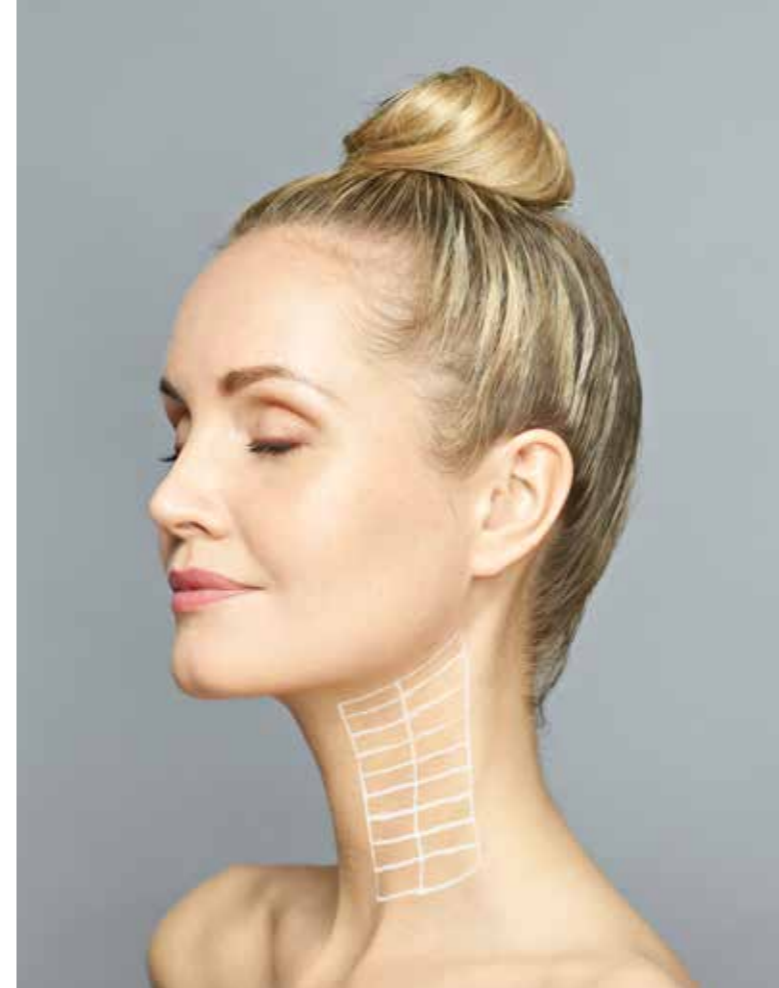
The STK method is an effective and almost painless alternative to surgery. In addition, there is no downtime after the treatment and you can immediately return to your normal daily routine.

The STK treatment utilises the body's own repair mechanisms by employing high-frequency ultrasound to produce targeted irritations in various skin layers. As a result, the tissue contracts, which is perceived as tightening on the skin surface.

Your appearance immediately becomes younger and fresher. The connective tissue is activated and further strengthened in the course of the next months. The skin is tightened in a natural way for up to one year.

STK MULTILINE

Neck	€ 965	Upper lip	€ 157
Forehead	€ 403	Chin	€ 784
Beneath eyes	€ 466	Decolleté center	€ 403
Beneath and lateral eyes	€ 594	Decolleté (small)	€ 1,049
Cheeks	€ 1,336	Decolleté (large)	€ 1,346



SKIN ACTIVE FACE & BODY

Get your body in shape – with the new “Endosphères” Microvibration Technology

The microvibratory pressure waves effectively combat the degradation of microcirculation in fatty tissue and its visible effects, such as cellulite, sagging connective tissue as well as fat and water retention in all parts of the body.

This treatment specifically targets the enhancement of blood circulation, effectively optimising skin care, oxygen saturation, and cell regeneration. A general improvement in metabolism also promotes the purification and detoxification of the tissue.

FACIAL APPLICATION

Eyes, forehead, cheeks, neck, jawline, and décolleté	30 min.	€ 265
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FULL BODY APPLICATION

Abdomen, legs, buttocks, waist, upper arms	60 min.	€ 382
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PARTIAL BODY APPLICATION

Abdomen, legs, buttocks	40 min.	€ 297
Abdomen, waist, or upper arms	40 min.	€ 297



The skin is stimulated by the silicone microspheres, which massage, loosen, smooth, and stimulate circulation using pressure and various frequencies. The facial and body contours are restored to shape.

a) pain-relieving c) effects on the vascular system e) muscle relaxation
b) Feeling of lightness in the legs d) body-shaping

LEG WRAP

Particularly effective after a Body Endosphères treatment is the wrapping of the legs to support the lymph flow and the elasticity of the skin. 25 min. € 94

SKIN ACTIVE BODY

The world’s only non-invasive procedure for muscle building and fat burning

EMSCULPT® is the latest innovative step in non-invasive body shaping. It improves the body contour, muscle density and muscle volume, and burns fat – all at the same time. **EMSCULPT®** is the only alternative to surgical buttock lifting and offers non-invasive buttock enhancement.

EMSCULPT® uses HIFEM® (High-Intensity Focused Electro-Magnetic Field) technology. HIFEM® allows up to 20,000 artificial muscle contractions per session. These are called supramaximal contractions and cannot be normally achieved by spontaneous muscle movements. The musculature responds with a complete reshaping of its internal structure, i.e. the increase of myofibrils (muscle hypertrophy) and the formation of new protein strands and muscle fibers (muscle hyperplasia). The procedure thus leads to the growth of the muscle structure. The final results of the treatment can be seen after about 8 weeks.

- Intensive muscle building
- Lifting effect
- FDA certified
- Confirmed by independent studies

For modest improvement wishes, two treatments per zone are sufficient. For the best possible effects, four applications per selected zone should be performed. A treatment interval of at least one day should be observed.

EMSCULPT® ABDOMEN	30 min.	€ 730
EMSCULPT® BUTTOCKS	30 min.	€ 730
EMSCULPT® THIGHS Outside	20 min.	€ 510
EMSCULPT® THIGHS Inside	20 min.	€ 510
EMSCULPT® CALVES	20 min.	€ 510
EMSCULPT® UPPER ARMS Triceps and biceps	40 min.	€ 990

SKIN ACTIVE BODY

ESSENTIAL SALT THERAPY

Effective treatment for tension, hardened skin and allergic reactions. Includes a massage and bath with Dead Sea salts to activate and strengthen the fluid exchange between tissues. Supports metabolism, drainage and regeneration, providing a wonderful, relaxing sense of well-being.

50 min. € 177

ALGAE SALT THERAPY

Combines elements of algae and salt therapies. Marine algae stimulate osmotic exchange and provide a decongestant effect. Together with the high magnesium salt content, the energy-balancing effect reduces the impact of stress on the skin, promotes harmony of yin and yang forces and revitalises the skin. This intensive treatment is rounded off by a balancing Thalasso bath.

75 min. € 244

DETOX CLEANSING LANSERHOF DERMA

We developed this particularly gentle peeling treatment with shower, in which we use our own Lanserhof Derma Peeling products with jojoba pearls and silica, as an alternative to salt therapy for extremely sensitive skin.

50 min. € 177

ALGAE THERAPY – YIN / YANG

Individualised treatment for relaxed, decongested, toned and hydrated skin through yin therapy; meanwhile, yang therapy detoxifies, revitalises, regenerates and promotes fat breakdown. Includes a special massage technique, an algae body wrap and a balancing Thalasso bath or shower for enhanced elasticity and a healthy, toned skin.

50 min. with shower € 174
75 min. with hydrotherapy bath € 214

CELLULITE TREATMENT

An activating, re-mineralising mud pack for the legs, a toning body wrap and a balancing therapeutic bath. Due to the intensity of this treatment, it can only be applied twice per week.

75 min. € 244

INTENSIVE CELLULITE TREATMENT

Contour-enhancing, fat-reducing and toning treatment: A cupping glass massage and body wraps are applied for an immediately noticeable result.

75 min. € 198

arm wraps included 75 min. € 252

BLITZ CELLULITE TREATMENT

Contour-enhancing, fat-reducing and toning fast-acting treatment for a sense of lightness and smooth, even skin.

50 min. € 177

BODY WRAPS

Typical application areas for this treatment are the legs, abdomen and arms. Based on your personal derma-therapist consultation, a suitable dermal wrap is selected and imparts its effects accordingly.

ALKALINE, ALGAE, DECONGESTANT OR FIRMING BODY WRAP

These aromatic wraps purify, drain and slim while also firming up lax tissue. These wraps contain essential oils and are particularly effective for sensitive, reddened skin. They support deacidification of the body, thereby promoting successful purification. The intensely purifying, draining effect provides the skin a new tautness and firmness.

Legs / abdominal wrap	25 min.	€ 94
Abdominal wrap	25 min.	€ 83
Arm wrap	25 min.	€ 54
Leg / abdominal / arm wrap	35 min	€ 148



SKIN REPAIR BODY

BODY REMODELING

Three-phase modeling treatment for abdomen, legs, and buttocks. The first phase has a thermogenic effect to stimulate microcirculation, followed by an intense lipolytic massage and lastly a revitalising cooling wrap on the legs.

- Reactivates and improves microcirculation
- Shapes and stimulates lipolysis
- Gives a light and refreshing feeling in the legs

75 min. € 220

BUSTO-PLASTY

Our bust is composed of breast tissue and fat tissue. Inside, it is formed of two separate lobes which create the "belt" between the underlying breast muscles. State-of-the-art technology makes it possible to markedly enhance the elasticity of the bust. A biotechnologically created ingredient very similar to the female hormone oestrogen enhances the shape of the bust and improves suppleness.

40 min. € 161

REVITALISING BODY PACK

This body pack is moisturising, vitalising and remineralising. The regenerative ability and self-protective function of your skin are strengthened. Wheat germ, rosemary and essential oils noticeably increase the resilience and resistance of your epidermis to negative environmental influences.

50 min. € 172

NECK AND DECOLLETÉ

In this area, the skin is naturally very thin, has hardly any fat pads and few talc glands. The special cleansing, moisturising and special nutrient build-up of anti-aging products not only improves the appearance but also the deep layers of the skin.

50 min. € 159



CRISTAL PRO® CRYOLIPOLYSIS

Developed by scientists at Harvard Medical School (USA), cryolipolysis is based on the scientific knowledge that fat cells are more sensitive to cold than other cell types. CRISTAL Pro® 360° Cryolipolysis makes use of this effect and enables fat cell treatment without surgery: a gentle body shaping procedure that can be used effectively for localised fat deposits.

Through the use of a cold vacuum applicator, local fat depots of the desired body area are cooled down to temperatures as low as minus 12°C in a targeted and controlled manner without injuring or affecting the skin or surrounding tissue. The direct supercooling of the treated depot area causes fat cells to crystallise, which are ultimately destroyed. The dead fat cells are taken up by the macrophages (scavenger cells) and transported away via the lymphatic system. As cryolipolysis only has an external effect on the fatty tissue, anaesthesia is not necessary.

Even movement is possible immediately after a cryolipolysis treatment. With CRISTAL Pro® Cryolipolysis, all fat deposits on the body and even in the facial area can be treated. An integrated ultrasound supports the exact measurement of the fat layer in order to reduce the fatty tissue in the problem zone in a controlled manner.

CRISTAL® CRYOLIPOLYSIS

Chin	€ 680
1 zone body	€ 840
2 zones body with parallel treatment	€ 1.420

SKIN REPAIR BODY

MAKE-UP ADVICE FOR YOUR SKIN TYPE

Beauty comes in all shapes and sizes. Every face is unique in its own way. Make-up that is tailored to your own type emphasises your beauty. Small blemishes and imperfections can be optimally concealed. The face looks fresh, the skin even and the eyes sparkling. We let your beauty shine.

At the beginning of the consultation, we analyse your facial proportions and the color characteristics of your skin. On this basis and in combination with Beauty-is-Life products, we create a make-up that is suitable for you in terms of colour and type. Discover your natural beauty!

Daily make-up	60 min.	€ 110
	30 min.	€ 82

INDIVIDUAL SERVICES

Pedicure	€ 77
Manicure	€ 73
Nail polish	€ 14
Nail polish extra	€ 39
Facial lymph drainage	€ 135
Bioenergetic lymph drainage face	€ 152
Facial ampoule during treatment	€ 25
Meso/PRP follow-up treatment	€ 76

TINTING

Eyelashes	€ 27
Eyebrows	€ 24

DEPILATION

Full legs	€ 110
Lower legs	€ 68
Bikini area	€ 55
Underarms	€ 38
Arms	€ 55
Full face	€ 32
Chin	€ 18
Upper lip	€ 18
Eyebrows	€ 16





SKIN ACTIVE MAN FACE



LANSERHOF LAB SERIES REGENERATION

A particularly deep-acting treatment that focuses on intensive nourishment and activation of the skin's own resistance - for skin in top condition. Highly active ingredients of vegan origin intensively stimulate cell regeneration. An acupuncture massage included in the treatment effectively relaxes your skin immediately. In addition, an algae massage ensures optimal penetration of the active ingredients and strengthens the lymphatic system. The final care massage gives your skin an irresistible complexion and natural glow.

80 min. € 303

DETOX BIOSEL TREATMENT

A special decontesting, detoxifying and harmonising treatment for deep-pore cleansing and balance. Swiftly relieves allergic reactions and inflammations and ensures a pure, clear complexion.

75 min. € 209

GREAT MAN FACIAL

This treatment contains a powerful package of active agents that help dull, dry skin with a slightly uneven tone and a raw surface to regain its radiance and vibrancy. A combination of pure, highly-concentrated vitamin C, vitamin E, phloretin, a special urea complex and hyaluronic acid leaves the skin glowing and refreshed.

60 min. € 198

SKIN REPAIR MAN FACE

TDA CARE2GO

In this Seyo TDA treatment, the active ingredients selected for your individual skin type are atomised into microscopic drops with highly concentrated oxygen before being applied to the surface of the skin using a TDA applicator. The high oxygen partial pressure enables to apply the active agents to the deepest dermal layers. The result: a visible reduction in facial wrinkles and ideally nourished skin in a treatment tailored to individual requirements.

40 min. € 218

HYDRO BOOSTER

Flawless beauty. The dermal tissue is regenerated from within and the skin structure is enhanced. Highly effective active agents set in velvety lotions boost regeneration, moisture supply and skin suppleness.

60 min. € 223

ENDOSPHERÈRES

This treatment specifically targets the enhancement of blood circulation, effectively optimising skin care, oxygen saturation, and cell regeneration. A general improvement in metabolism also promotes the purification and detoxification of the tissue.

30 min. € 265

REFRESHING BOOSTER INCL. TDA

The proven HYDRO BOOSTER treatment is further enhanced by TDA. The dermal tissue regenerates from within and skin structure is enhanced. Highly effective active agents set in velvety lotions boost regeneration, moisture supply and skin suppleness. Thereafter, deep hydration from a highly effective collagen membrane rounds off the treatment.

75 min. € 303

EBENHOLZ - EBONY HYDRA PERFORMANCE

Moisturising treatment with ebony for all male skin types. Whether it is stress, high sun exposure or daily shaving – many things cause a special need for moisture in men's skin. Natural ingredients support the skin and bring back new vitality and energy.

60 min. € 190

SKIN REGIMEN

An innovative high-tech treatment that regenerates, tautens and rejuvenates men's demanding skin in just 60 minutes. The high-quality natural active ingredients markedly boost hydration and ensure relaxed facial features. The effect is convincing: a masculine appearance, brimming with vitality.

60 min. € 229

ALLEVIATING REMEDY

This unscented facial treatment renews the skin and alleviates imperfections in areas of sensitive skin prone to redness. The soothing effect of mirabilis flowers, purple giant hyssops and Marula oil restores the protective skin barrier and smooths the skin.

60 min. € 189

INTENSIVE EYE TREATMENT

Extrinsic irritations and the natural ageing process often manifest themselves in the form of swelling around the eyes. Facial lymph drainage and an intensively nurturing eye mask achieve soothing hydration and drainage in this sensitive facial area.

50 min. € 157

SKIN ACTIVE MAN BODY

ESSENTIAL SALT THERAPY

Effective treatment for tension, hardened skin and allergic reactions. Includes a massage and bath with Dead Sea salts to activate and strengthen the fluid exchange between tissues. Supports metabolism, drainage and regeneration, providing a wonderful, relaxing sense of well-being.

50 min. € 177

ALGAE SALT THERAPY

Combines elements of algae and salt therapies. Marine algae stimulate the osmotic exchange and provide a decongestant effect. The high proportion of magnesium salts and the energy-balancing effect reduce the impact of stress on the skin, promote harmony of yin and yang forces and revitalise the skin. This intensive treatment is rounded off by a balancing Thalasso bath.

75 min. € 244

ALGAE THERAPY – YIN / YANG

Individualised treatment for relaxed, decongested, toned and hydrated skin through yin therapy; meanwhile, yang therapy detoxifies, revitalises, regenerates and promotes fat reduction. Includes a special massage technique, an algae body wrap and a balancing Thalasso bath or shower for enhanced elasticity and healthy, toned skin.

50 min. with shower € 174
75 min. with hydrotherapy bath € 214

CLEANSING LANS DERMA

We developed this particularly gentle peeling treatment with shower, in which we use our own LANS Derma Peeling products with jojoba pearls and silica, as an alternative to salt therapy for extremely sensitive skin.

50 min. € 177



SKIN ACTIVE MAN BODY

Get your body in shape – with the new “Endosphères” Microvibration Technology

The microvibratory pressure waves effectively combat the degradation of microcirculation in fatty tissue and its visible effects, such as cellulite, sagging connective tissue as well as fat and water retention in all parts of the body.

This treatment specifically aims to enhance the blood circulation, effectively optimising skin care, oxygen saturation, and cell regeneration. A general improvement in metabolism also promotes the purification and detoxification of the tissue.

PARTIAL BODY APPLICATION

Abdomen, hips

20 min.

€ 198



The skin is stimulated by the silicone microspheres, which massage, loosen, smooth, and stimulate circulation using pressure and various frequencies.

- a) pain-relieving
- b) Feeling of lightness in the legs
- c) effects on the vascular system
- d) body-shaping
- e) muscle relaxation

SKIN ACTIVE MAN BODY

The world's only non-invasive procedure for muscle building and fat burning

EMSCULPT® is the latest innovative step in non-invasive body shaping. It improves the body contour, muscle density and muscle volume, and burns fat – all at the same time. **EMSCULPT®** is the only alternative to surgical buttock lifting and offers non-invasive buttock enhancement.

EMSCULPT® uses HIFEM® (High-Intensity Focused Electro-Magnetic Field) technology. HIFEM® allows up to 20,000 artificial muscle contractions per session. These are called supramaximal contractions and cannot be normally achieved by spontaneous muscle movements. The musculature responds with a complete reshaping of its internal structure, i.e. the increase of myofibrils (muscle hypertrophy) and the formation of new protein strands and muscle fibers (muscle hyperplasia). The procedure facilitates the growth of the muscle structure. The final results of the treatment can be seen after about 8 weeks.

- Intensive muscle building
- Buttock lifting effect
- FDA certified
- Confirmed by independent studies

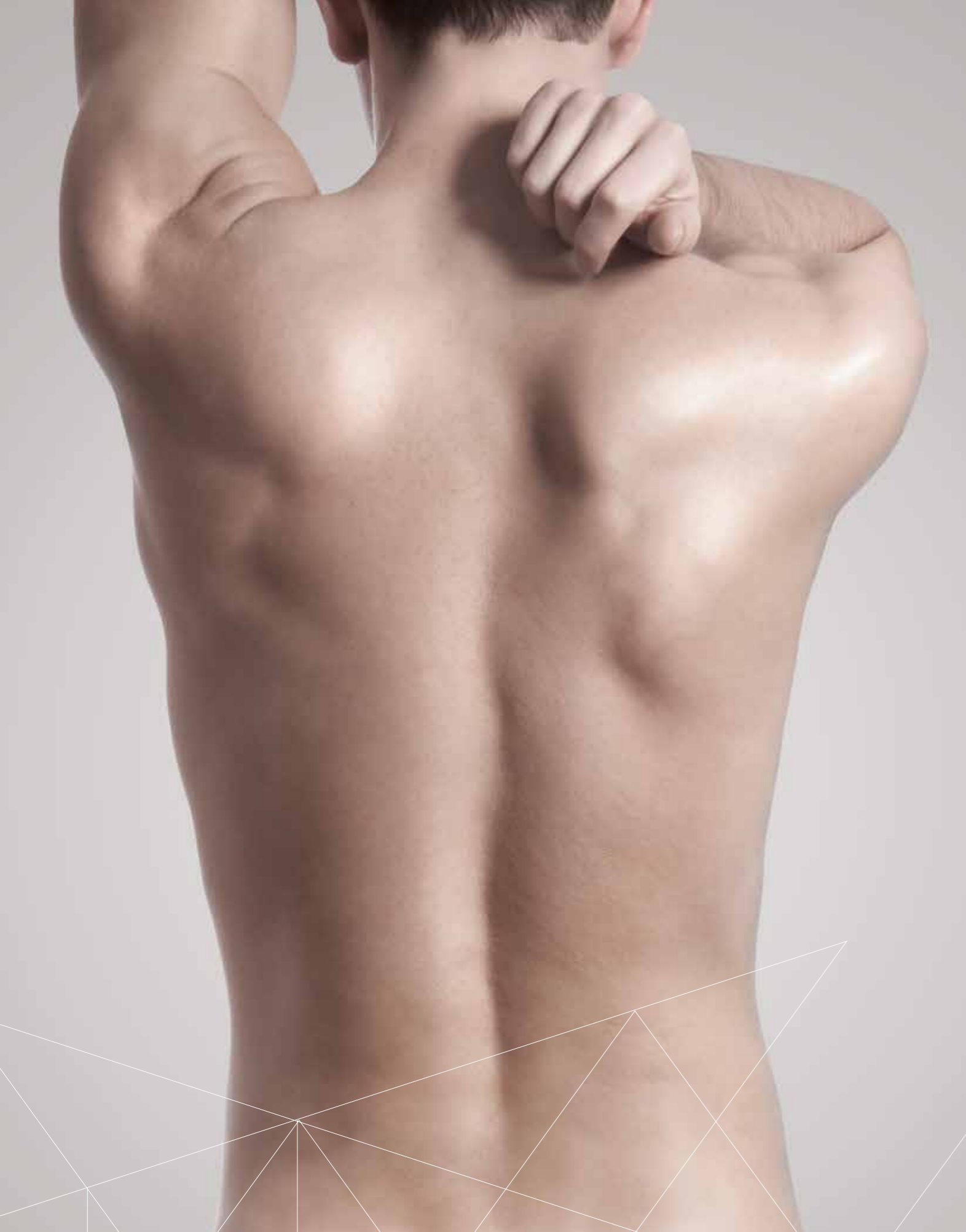
Before the treatment can be carried out, a consultation with one of our doctors must first take place.

For modest improvement wishes, two treatments per zone are sufficient.

For the best possible effects, four applications per selected zone should be performed.

A treatment interval of at least one day should be observed.

EMSCULPT® ABDOMEN	30 min.	€ 730
EMSCULPT® BUTTOCKS	30 min.	€ 730
EMSCULPT® THIGHS Outside	20 min.	€ 510
EMSCULPT® THIGHS Inside	20 min.	€ 510
EMSCULPT® CALVES	20 min.	€ 510
EMSCULPT® UPPER ARMS Triceps and biceps	40 min.	€ 990



SKIN REPAIR MAN BODY

FIRMER / ATHLETIC ABDOMEN

Special products and vacuum drainage activate the subcutaneous tissue in this fat-burning abdominal treatment. A firming abdominal mask with active agents from algae extracts enhances the skin tone and stimulates the fat-burning process in connective tissues.

50 min. € 177

ABDOMEN WRAP

Purifying, draining and slimming: a fast-acting aid to bring your abdomen back into shape.

25 min. € 83

REVITALISING BODY PACK

This body pack is moisturising, vitalising and remineralising. The regenerative ability and self-protective function of your skin are strengthened. Wheat germ, rosemary as well as essential oils noticeably increase the resistance of your epidermis to negative environmental influences.

50 min. € 172

DEPILATION

Back and Shoulder	€ 108
Back	€ 66
Abdomen	€ 66
Chest	€ 41
Arms	€ 55
Nose inside	€ 23

Pedicure	€ 77
Manicure	€ 73

LANSERHOF SERVICES

OUR LANSERHOF DERMA PRODUCTS – TAKE A PIECE OF LANSERHOF HOME WITH YOU

The plant-based Lanserhof Derma products are a result of the close cooperation between the Lanserhof medical team and our derma experts. In our high-quality products for face and body, raw materials from nature's treasure trove are processed using high-tech methods into active ingredients that can do many things:

nourish, soothe, firm and smooth.
The Vitality body line refreshes and revitalizes.

LANSERHOF GIFT VOUCHERS

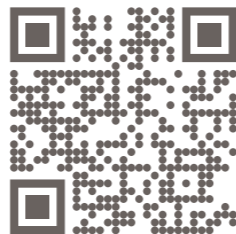
For those near and dear to you. Give the important people in your life a very special gift.

There's no better gift than a voucher to spend time at Lanserhof and enjoy a special treatment, or to contribute towards a longer stay. Simply get in touch – we'll be happy to advise you.

THE LANSERHOF ONLINE SHOP: GOOD THINGS FROM LANS

At shop.lanserhof.com you will find a wide selection of products that will help you to live the Lanserhof idea even at home.

Discover the Lanserhof Lab dietary supplements, which are also part of the cure at the Lanserhof Resorts, pamper your senses with the Lanserhof Derma products for skin and hair and experience healthy indulgence from the Lanserhof Energy Cuisine.



shop.lanserhof.com

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