

**LAN
SER
HOF**

LANSERHOF
DERMA THERAPY
2023



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Derma Therapy leaves you with a glowing complexion and inner radiance which has a powerful impact on both your presence and your personal appearance. A new sense of awareness leads to a new, invigorated expression of self: attractive, self-confident and natural.

To achieve this, we have created a comprehensive programme of highly innovative skin treatments, combining medical cosmetics with new and pioneering techniques and procedures. These treatments are the result of a collaboration between Lanserhof skin therapists and leading international cosmetic laboratories.

Derma Therapy is one part of the Lanserhof Concept – a holistic health concept of unbridled innovation and ingenuity. It leaves no stone unturned in its mission to help, heal and revitalise. We combine state-of-the-art medical techniques from around the world with exceptional traditional healing therapies. Intimacy, attentiveness and empathy are crucial elements of our practice.

This approach has seen Lanserhof become Europe's leading health centre for regenerative and preventative medicine over the past three decades.



HEALTHY SKIN – NEW ENERGY

The treatments and products focus on activating vital skin and body functions.

Our skin regulates five essential functions which are responsible for our health, beauty and vitality:

IMMUNITY FUNCTION
ENERGETIC FUNCTION
CIRCULATORY FUNCTION
LYMPHATIC FUNCTION
STRUCTURAL FUNCTION

These important functions are activated by phyto-energising product ranges as well as through bio-energetic and lymph-drainage massages, which also provide new energy.



SKIN ACTIVE FACE



LANSERHOF HYDRA FACE

This intensive moisturising treatment is carried out exclusively with our own brand Lanserhof Special Care. An enzyme peeling refines the skin surface and promotes the penetration of subsequently applied, highly active and natural ingredient serums with hyaluron and vitamins. While collagen synthesis is stimulated and wrinkle depth is reduced, skin density and tone are increased. The particularly well-tolerated ingredients support and strengthen the skin's own immune function. The treatment visibly improves the quality of the skin.

70 min. € 259

LANSERHOF LAB SERIES REGENERATION

A particularly deep-acting treatment that focuses on intensive nourishment and activation of the skin's own resistance - for skin in top condition. Highly active ingredients of vegan origin intensively stimulate cell regeneration. An acupuncture massage included in the treatment effectively relaxes your skin immediately. In addition, a hyaluron fleece mask in combination with a gemstone massage ensures optimal penetration of the active ingredients and strengthens the lymphatic system. The final care massage gives your skin an irresistible complexion and natural glow.

80 min. € 413

CYTOLINE VITAMIN C POWER TREATMENT

The skin is refined by an enzyme peeling. Activating vitamin C serum provides for new energy and tingling skin experience and natural glow. A final alginate mask rounds off the pampering program.

60 min. € 325

DETOX FACIAL TREATMENT

This is a clarifying and purifying treatment with detox drainage, for deep pore purity and balance. Eliminates allergic reactions and inflammations subside particularly quickly. For a clear, pure complexion.

70 min. € 269

HYDRO BOOSTER

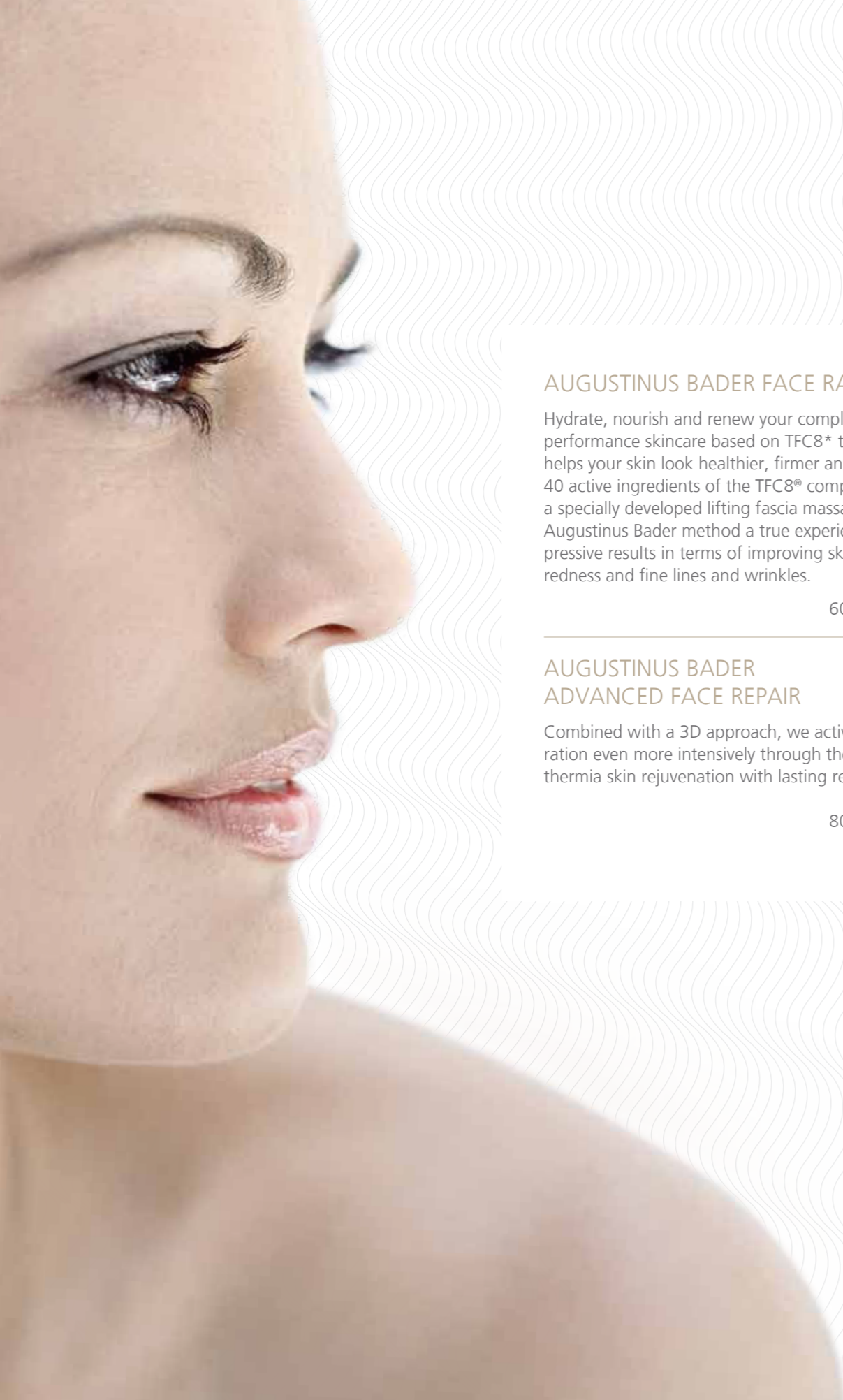
Become a flawless beauty. The dermal tissue is thoroughly hydrated and regenerated from within, while skin structure is also enhanced. Highly effective active agents set in velvety lotions boost cell regeneration, moisture supply and skin suppleness.

60 min. € 267

INTENSIVE EYE TREATMENT

A special treatment for puffiness around the eye area. A lymphatic and cupping glass drainage has a decongestive and decongesting effect, while an intensively cooling eye mask provides a soothing moisturising effect on this sensitive facial area.

50 min. € 187



AUGUSTINUS BADER FACE RAPAIR

Hydrate, nourish and renew your complexion with high performance skincare based on TFC8* technology. It helps your skin look healthier, firmer and more radiant. 40 active ingredients of the TFC8® complex paired with a specially developed lifting fascia massage make the Augustinus Bader method a true experience with impressive results in terms of improving skin tone, firming, redness and fine lines and wrinkles.

60 min. € 336

AUGUSTINUS BADER ADVANCED FACE REPAIR

Combined with a 3D approach, we activate cell regeneration even more intensively through the use of hyperthermia skin rejuvenation with lasting results.

80 min. € 458

TDA – SYSTEMATIC BEAUTY

TDA stands for “transdermal application”: the world’s first dermatological-aesthetic therapy system that brings active anti-aging substances to the deepest dermal layers in a pain-free, non-invasive procedure.

TDA combats the root causes of signs of aging and completely rejuvenates the skin – with visible and demonstrable anti-aging effects.

TDA CARE2GO

In this TDA treatment, the active ingredients selected for your individual skin type are atomised into microscopic drops with highly concentrated oxygen before being applied to the surface of the skin. The high oxygen partial pressure makes it possible to apply the active agents as far as the deepest dermal layers. The result: a visible reduction in facial wrinkles and ideally nourished skin in a treatment tailored to individual requirements.

40 min. € 259

TDA OXYGEN THERAPY +

After an intensive peeling treatment, individually selected anti-aging ingredients are applied as far as the deepest dermal layers with the help of TDA technology and highly concentrated oxygen. Skin structure is immediately visibly refined, leaving a natural glow. The ideal primer for a Mesolift treatment.

60 min. € 321

TDA SPECIAL

This is a boost of freshness for special areas of skin. It is also available as a supplement to other treatments.

10 min. € 99

REFRESHING BOOSTER INCL. TDA

The proven HYDRO BOOSTER treatment is further enhanced by TDA. The dermal tissue regenerates from within and skin structure is enhanced. Highly effective active agents set in velvety lotions are boosting regeneration, moisture supply and skin suppleness. The deep hydration from a highly effective collagen membrane completes the treatment.

75 min. € 362

ANANNÉ NATURAL SKIN CARE

DETOX & RELAX RITUAL

A lasting deep cleansing and detoxifying treatment with regenerating red clay mask, which is enriched with valuable plant and algae extracts as well as natural oils. At the same time, microcirculation and cell activity are stimulated by the dry brush massage. The stimulation of the lymphatic channels frees the skin from harmful substances. This relaxing, regenerating but also vitalising treatment ensures a natural detox and an even and radiant complexion.

60 min. € 217

FIVE CONTINENTAL RITUAL

Luxury treatment for face and body with visible immediate effect. Proven herbal active ingredients from 5 continents ensure an even and rejuvenated complexion. The deep cleansing of the brush massage and the peeling prepare the skin perfectly and allow subsequent active care ingredients to penetrate better. A firming and relaxing massage regenerates the skin. The herbal serum with special masks for the face and eye area improve the elasticity, firmness and texture of the skin. Finally, the arms and hands are treated with a body scrub and massage. The result is revitalised, smoother skin and a radiant complexion.

80 min. € 344

PREMIUM BODY RITUAL

This luxury body ritual immediately tightens the skin and minimises cellulite. The combination of body peeling and brush massage serve to refine the complexion, the lasting detoxification and purification of the skin. The plant-based active ingredient combination of white mustard, capsaicin and liposomal caffeine concentrate stimulate the fat metabolism and combat cellulite. A firming connective tissue massage with Patter technique and special concentrate ensure firmer contours, a slimmer silhouette and improved skin hydration.

90 min. € 343

DEEP DETOX

The highly effective combination of exfoliation and brush massage. The body scrub combines bamboo extract, amber and argan oil, removing dead skin cells holistically and refining the skin's appearance. The special body brush with filaments of Icelandic algae stimulates circulation and purifies the body. Algae have a positive effect on the entire metabolism. The skin appears fine-pored and smooth.

40 min. € 113

SUBTLE ENERGIES – INNER BALANCE

A therapeutic Marma head and facial massage with aromatic oils ensures inner harmony with deeply relaxing, soothing and relieving effects.

40 min. € 193



SKIN ACTIVE BODY

DETOX CLEANSING LANSERHOF DERMA

We provide this gentle peeling treatment as an alternative to salt therapy for particularly sensitive skin. In this treatment, we use Lanserhof Derma Peeling, a product developed by Lanserhof from purely natural substances.

50 min. €212

ESSENTIAL SALT THERAPY

Effective treatment for tension, hardened skin and allergic reactions. Includes a massage and bath with Dead Sea salts to activate and strengthen the fluid exchange between tissues. Supports the metabolism and promotes drainage and regeneration, providing a wonderfully relaxed sense of well-being.

50 min. €212

ALGAE SALT THERAPY

Combines elements of algae and salt therapies. Marine algae stimulate osmotic exchange and provide a decongestant effect. The high magnesium salt content and the energy-balancing effect together reduce the impacts of stress on the skin, promote harmony of yin and yang forces and revitalise the skin. This intensive treatment is rounded off by a balancing Thalasso bath.

75 min. €298

CELLULITE TREATMENT

Contour-enhancing, fat-burning and toning combo treatment; a brush massage, cupping glass massage and active wraps are all used to achieve immediately palpable, noticeable results.

Basic 50 min. €209
Intensive 75 min. €239
incl. arm wrap €298

ACTIVE FIRMING CELLULITE TREATMENT

This treatment combines an intensive connective tissue massage, cupping glass drainage, activating and re-mineralising mud pack – and is concluded with a shower.

75 min. €289

ALGAE THERAPY YIN / YANG

Individual treatment for a relaxed, decongested, tightened and moisturised tissue through Yin. Yang detoxifies, invigorates, regenerates and promotes fat reduction with a special massage technique, algae pack and a refreshing shower for more elasticity and healthy, compact skin.

50 min. with shower €207



SKIN REPAIR BODY

LIPO-DRAINAGE 3D

Puffy, swollen legs restrict our quality of life. This stimulating treatment provides immediate palpable relief for heavy legs. The powerful synergy of compression, drainage and vascular-strengthening plant extracts reduces fat deposits and thereby imparts an immediate sense of well-being. Pain is reduced and the legs become more mobile.

75 min. € 239

BODY CONTOURING WITH ULTRASOUND

Ultrasound treatment for problem areas on the Body. It activates microcirculation and stimulates the cell metabolism. Toxins are increased transported away. The thermal effect of the ultrasound gives the vessels new momentum. It tightens and strengthens the connective tissue.

60 min. € 229

BUST-UP TREATMENT

State-of-the-art technology makes it possible to markedly enhance the elasticity of the bust. A biotechnologically created ingredient, similar to the female hormone oestrogen, enhances the shape of the breasts and improves its elasticity. This treatment consists of preparatory peeling, a toning serum and a thermal algae mask to firm up the breasts.

45 min. € 205

REVITALISING BODY TREATMENT

With body masks specifically tailored to cater for your skin's characteristics, this body treatment is moisturising, revitalising and re-mineralising. It also enhances your skin's inherent regenerative ability and protective function. Phyto stem cells from the Alpine rose in combination with essential oils noticeably increase the resilience and resistance of your epidermis against negative environmental impacts.

50 min. with shower € 205

BODY WRAPS

Typical application areas for this treatment are the legs, abdomen and/or arms. Based on your personal derma-therapist consultation, a suitable dermal wrap is selected and imparts its effects accordingly.

ALKALINE, ALGAE, DECONGESTANT OR FIRMING BODY WRAP

These aromatic wraps purify, drain and slim while also firming up lax tissue. These wraps contain essential citrus oils and are particularly effective for sensitive, reddened skin. They support deacidification of the body, thereby promoting successful purification. The intensely purifying, draining effect affords the skin a new tautness and firmness.

Leg wrap	25 min.	€ 113
Abdominal wrap	30 min.	€ 99
Arm wrap	25 min.	€ 64
Leg / abdominal / arm wrap	35 min.	€ 177
Decongestant alkaline wrap	25 min.	€ 113

MAKE-UP ADVICE FOR YOUR SKIN TYPE

We freshen up your make-up and give your skin a radiant appearance. We will recreate your make-up type and make your skin radiant with Reviderm products.

Daily make-up	60 min.	€ 131
	30 min.	€ 98





SKIN ACTIVE FACE & BODY

Get your body in shape – with the new “Endospheres” Microvibration Technology

The microvibratory pressure waves effectively combat the degradation of microcirculation in fatty tissue and its visible effects, such as cellulite, sagging connective tissue, as well as fat and water retention in all parts of the body.

This treatment specifically targets the enhancement of blood circulation, effectively optimising skin care, oxygen saturation, and cell regeneration. A general improvement in metabolism promotes the purification and detoxification of the tissue.

FACIAL APPLICATION

Eyes, forehead, cheeks, neck, jawline and décolleté	30 min.	€ 299
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FULL BODY APPLICATION

Abdomen, legs, buttocks, waist and upper arms	60 min.	€ 455
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PARTIAL BODY APPLICATION

Abdomen, legs, buttocks	40 min.	€ 349
Abdomen, waist or upper arms	40 min.	€ 349
Partial body incl. wrap	60 min.	€ 459



The skin is stimulated by the silicone microspheres, which massage, loosen, smooth, and stimulate circulation using pressure and various frequencies. The facial and body contours are restored to shape.

- | | | |
|-------------------------------------|-----------------------------------|----------------------|
| a) pain-relieving | c) effects on the vascular system | e) muscle relaxation |
| b) Feeling of lightness in the legs | d) body-shaping | |

LEG WRAP

Particularly effective after a Body Endospheres treatment is the wrapping on the legs to support the lymph flow and the elasticity of the skin.



ORGANIC GREEN LUXURY

With Green Luxury, Pharmos Natur takes you into the world of ritual therapy. Experience the unique effect of PURE NATURE on your skin. Anti-aging treatments with exceptional plant energy – and 100% pure ingredients.

A specially-developed skin care ritual invites you to enjoy the sensation of the sumptuous, pure NATURAL substances on your skin as it is refreshed and enlivened. The result is a smooth, silky and even facial complexion, bright and beautiful eyes, a taut, toned décolleté and velvety soft skin for your entire body.

ROHINI – DIVINELY FEMININE

Experience how the holistic mixture of carefully selected rejuvenating and regenerative plants imbues your cells with pure joy. Relish the energy and power of Rohini as it unfolds with you, imparting beauty, purity, sensuality, charisma, allure and warm-heartedness. A truly wonderful feeling.

80 min. € 363

PHARMOS MEN ONLY

A fresh appearance – new energy for him. This hydrating treatment is rich in active agents and works to revitalise and moisturise the skin. It smoothes away signs of stress and tension, leaving behind a healthy, well-groomed complexion.

60 min. € 249

BODY DETOX EUROPEA

Experience high-quality plant extracts and detox oils as they facilitate your body's cleansing, providing you with physical well-being both inside and out. A combination of herbal peeling, aromatic oils and nurturing medicinal plants give your body a new vitality.

60 min. € 233

JOY FOR LIFE – COUPEROSE TREATMENT

The rejuvenating power of nature in its purest form. Attentive massage therapy in combination with 100% active ingredients that permeate all layers of the skin. In combination with hyaluronic acid, the treatment's cell repair complex strengthens and firms up the connective tissue with an intensive moisturising effect. The aloe vera also heals and soothes stressed, reddened and sensitive skin.

70 min. € 293

MAYA ME

Dive into a wonderful sense of well-being with freshness, hydration and sparkling joie de vivre. This pure herbal gel, taken fresh from the leaf, is gently massaged into the skin along with aromatic oils and medicinal plant products. The aloe vera fresh plant therapy smoothes and revitalises your skin, leaving it radiant. The result is a visibly refined, taut and smooth complexion.

50 min. € 204

SKIN REPAIR FACE

LIFTING WITHOUT SCALPEL AND WITHOUT SYRINGE – STK MULTILINE

STK technology is a highly effective, non-invasive lifting method for the face, neck and upper arms. In contrast to other lifting methods, the tissue is treated with targeted heat impulses. This treatment stimulates the body's own collagen synthesis and results in the tightening of the tissue.

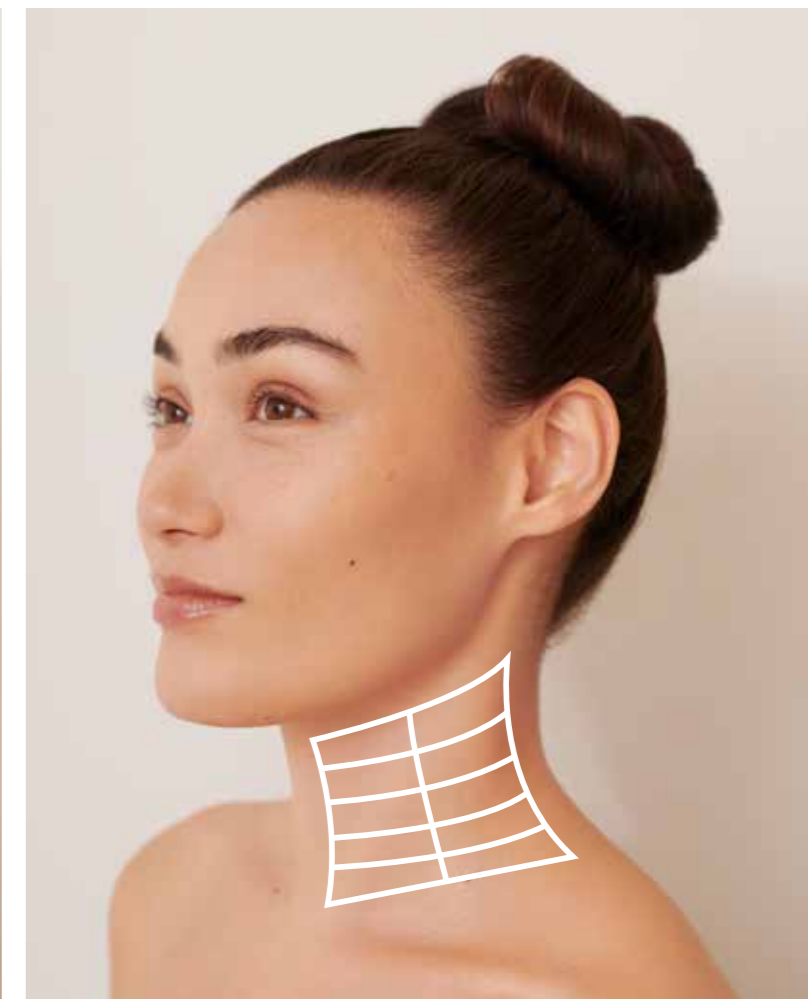
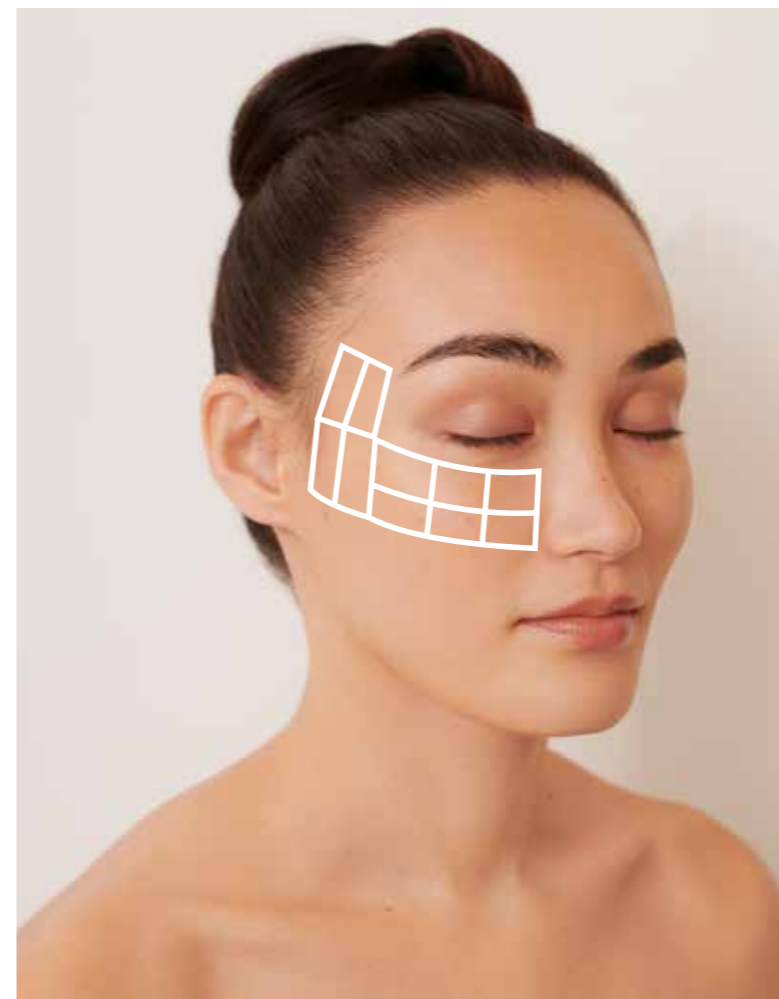
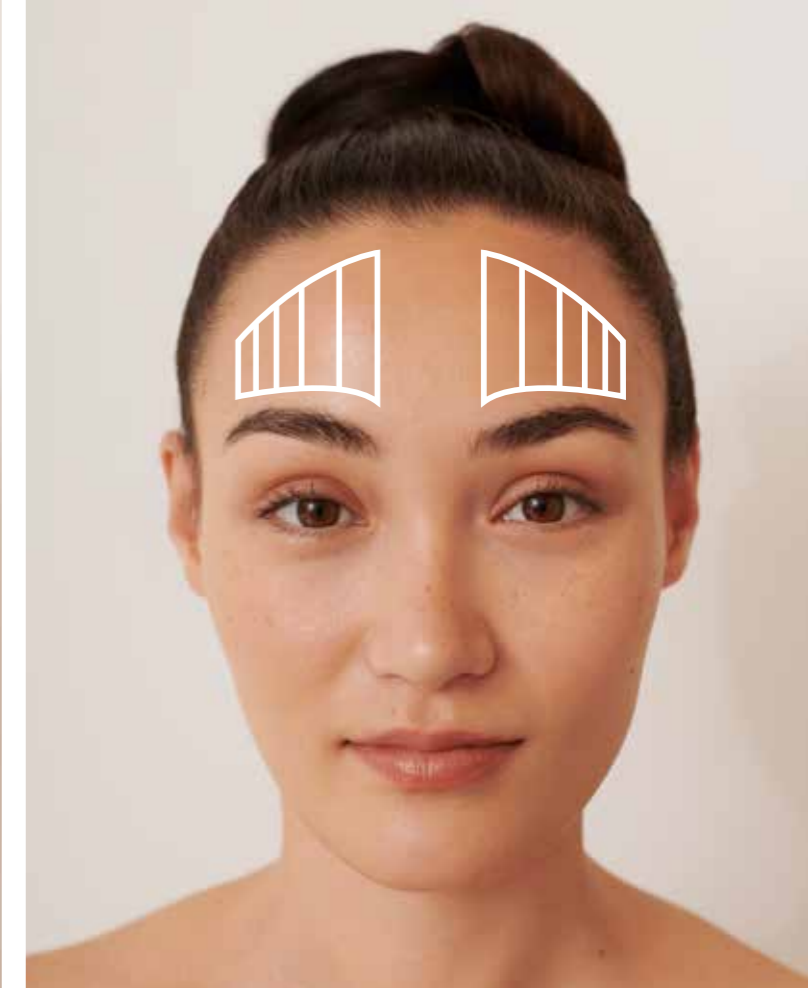
The STK method is an effective and almost painless alternative to surgery. In addition, there is no downtime after the treatment and you can immediately return to your normal daily routine.

The STK treatment utilises the body's own repair mechanisms by employing high-frequency ultrasound to produce targeted irritations in various skin layers. As a result, the tissue contracts, which is perceived as tightening on the skin surface.

Your appearance immediately becomes younger and fresher. The connective tissue is activated and further strengthened in the course of the next months. The skin is tightened in a natural way for up to one year.

STK MULTILINE

Neck	€ 965	Upper lip	€ 181
Forehead	€ 463	Chin	€ 926
Beneath eyes	€ 536	Decolleté center	€ 463
Beneath and lateral eyes	€ 683	Decolleté (small)	€ 1,206
Cheeks	€ 1,510	Decolleté (large)	€ 1,548



MEDICAL ANTI-AGING SKIN CARE

MBR – SKIN CARE BORDERING ON MEDICINE

A discerning skin care regime involves elevated requirements. As a result, MBR is constantly researching new and even more effective active ingredient systems, while monitoring their in-house production with the utmost diligence.

For MBR the ability to provide its discerning consumers with high-performance products in efficient treatment processes with qualified specialists is just as important.

CUSTOMISED FOR YOU

Focusing on a variety of skin requirements and conditions, our many diverse treatments directly address root causes in order to ensure individual and long-lasting skin care.

In a personal consultation, specially-trained MBR Dermaceuticians® will establish the most effective treatment methods for your skin and arrange an effective, personalised skin care programme.

The effective concept,

- OPEN
- CARE
- CLOSE

transforms your skin to perfection. Fruit acids and enzymes prime the skin for a unique, deep-acting treatment in order to regenerate and rejuvenate the skin from within.

DERMAL-EPIDERMAL TREATMENT

In this treatment, enzymes remove dead cells on the surface of the skin and prepare it to absorb the active ingredients. An intensively moisturising and cell-invigorating treatment especially for fatigued and dry skin, it smoothes out lines and wrinkles and returns elasticity and vitality to the skin.

70 min. € 293

CYTOLINE 100 TREATMENT

A special kind of energy boost. Phytohormones provide new energy, leaving skin with a firm, taut appearance. A special collagen algae mask provides deep cleansing; this treatment is a wonderful experience and a balm for the soul. Ideal for fatigued, lifeless skin in need of regeneration.

75 min. € 399

PURE PERFECTION 100 LIQUID SURGERY TREATMENT

The purest ingredients deploying 100% of their potential take your skin to a new level of dermatological facial care. This treatment returns oxygen to the skin and enlivens all dermal layers. This is your perfect lifting treatment without a scalpel. An effective remedy for demanding, lacklustre, fatigued skin in need of additional energy. Deeply hydrating, relaxing and smoothing. Produces an instantly visible and palpable lifting effect, leaving the skin with a fresh, firm appearance.

75 min. € 415

MSB – MEDICAL SPIRIT OF BEAUTY®

MSB is the scientifically intelligent concept to meet the complex demands of modern skin care: efficacy, individuality and sustainability.

SKIN RENEWAL ACID PEEL

Depending on the required intensity, we can provide an optional intensive skin peeling treatment – in a painless, pleasant procedure. Particularly effective on deep scars, large pores and rough skin textures, this treatment is an effective cure to completely renew skin on the face or elsewhere on the body.

50 min. € 239

SKIN NORMALISING TREATMENT PRE-MESO PRIMER

The ideal primer for mesotherapy, as fruit acids can gently remove hardened skin from the upper surface of even the most sensitive areas, making it possible to achieve an optimal outcome. The treatment is very effective for pigmentation and liver spots.

60 min. € 275

ALPHA TROPHOX 112 TREATMENT – CONTOUR LIFTING

A unique 'wow' effect treatment with an intensive skin-smoothing serum which in particular targets facial expression lines. A particularly effective option before or after facial injections to boost the results or extend them in the long term.

70 min. € 310

ANTI-AGING BODY TREATMENT

Pampering body treatment with gentle massage. Creamy substances are massaged into the cell structures to return power and strength to the tissue.

50 min. € 267

MEDICAL ANTI-AGING SKIN CARE

REVIDERM – PREMIUM SKIN REGENERATION

Effective derma-cosmetic solution to counter the skin-aging process and the loss of elasticity and radiance. Microdermabrasion, a non-invasive mechanical skin peeling method, aids the retention of the skin's natural beauty. High-frequency ultrasound technology, the ultimate partner for active ingredients, yields a perfect synergy for counteracting the aging process at an early stage.

HYDROBALANCE WITH HYDROLAGE

A unique and deeply moisturising treatment. Following a gentle microdermabrasion, the skin is hydrated with high-quality collagen and pampered with a fine lymph brush. The hydrolage acts as an occlusive dressing, helping moisture to infiltrate the skin, leaving a radiant complexion behind.

60 min. € 269

MICRODERMABRASION & ULTRASONIC PEELING

Classic microdermabrasion, intensive mechanical peeling. Refines and enhances skin texture, reduces wrinkle depth and activates cell turnover. The skin is primed before ultrasound waves enable highly efficient active ingredients to infiltrate the skin, stimulating lymphatic flow.

60 min. € 263

LINE LIFT WITH PCA PEELING – an additional treatment especially for special skin zones, for intensive enhancement of perioral lip lines and expressive lines around the eyes and forehead. Also bookable as a supplementary treatment.

70 min. € 286

SMART ANTI-AGING WITH OXYGEN

Two patented beauty treatments, brief microdermabrasion and state-of-the-art ultrasound technology, actively counteract collagen and elastin depletion. Ultrasound technology + vitamin C actively counteract collagen and elastin degradation. For long-lasting results and visibly younger skin.

70 min. € 321

CONTOUR LIFT

An active anti-aging programme to counter the skin aging process – symptoms of which include reduced tissue firmness, contour loss, and the formation of lines and wrinkles – through 10 MHz ultrasound technology in conjunction with skin-identical peptides. The Contour Lift formula caters for palpably firmer contours, enhanced tissue firmness and visibly reduced wrinkles. Provides long-lasting, inspirational results.

60 min. € 298

MEDICAL ANTI-AGE SKIN CARE



AWAKEN THE POWER OF FRESH CELLS WITH MICRONEEDLING

Microneedling is a revolutionary anti-aging method that uses the self-healing powers of the skin to rejuvenate itself in a unique way.

Punctiform micro-injuries, caused by micro-fine needles, signal „wound healing“ and initiate processes that lead to the regeneration of collagen and elastin and the activation of hyaluronic acid.

MICRO NEEDLING

The skin receives a pre-treatment by an enzyme + AHA peeling. The flowing rotations of the needling-pen create punctiform micro-injuries, stimulating the self-healing processes to remodel the skin tissue. The depth of treatment is individually adjustable. At the same time, individual serums of active ingredients are incorporated. The active ingredients are introduced by ultrasound and sealed with a concluding and moisturising bio-cellulose matrix mask.

70 min. € 345

Micro Needling
Cell Premium +

70 min. € 410

3D ANTI-AGING INTENSIVE TREATMENT

1. Microdermabrasion improves the structure and refinement of the skin - an optimal preparation for the subsequent micro needling.
2. Micro-needling activates the repair mechanisms of the skin and stimulates collagen-elastin regeneration and hyaluronic acid activation.
3. The introduction of hyaluron and active ingredient serums with ultrasound causes an intensive deep moisturisation of the skin, it appears firmer, more vital and radiant.

90 min. € 504

NEEDLING SPECIAL AREAS

Mouth area and around the lips 30 min. € 217

Eye area 30 min. each € 217

Forehead 30 min. € 217



UNIVERSKIN™ YOUR SKIN – YOUR FORMULA



A team of scientists, experts and French specialists in dermatology, constructive surgery, biology and chemistry has developed UNIVERSKIN™, placing a particular focus on innovation and aspiration towards enhancing skin functions in order to transfer the principles of functional dermatology to the field of cosmetology.

The underlying philosophy is to apply a medical logic to skin care, with the ability to select and adjust active ingredients, concentrations and application of care products to the recipient's individual skin type and current care requirements.

Developed by doctors for doctors and special therapists – UNIVERSKIN™: every skin care product is one of a kind, a personalised remedy.

SKIN VISIA – Skin analysis

30 min. € 159

UNIVERSKIN™ – Medical skin analysis and consulting

We determine the current condition of your skin and your skin care requirements on the basis of a catalogue of questions. After evaluating the results, your personalised products are individually blended.

45 min. € 129



JETPEEL™ THE INNOVATIVE FACIAL TREATMENT

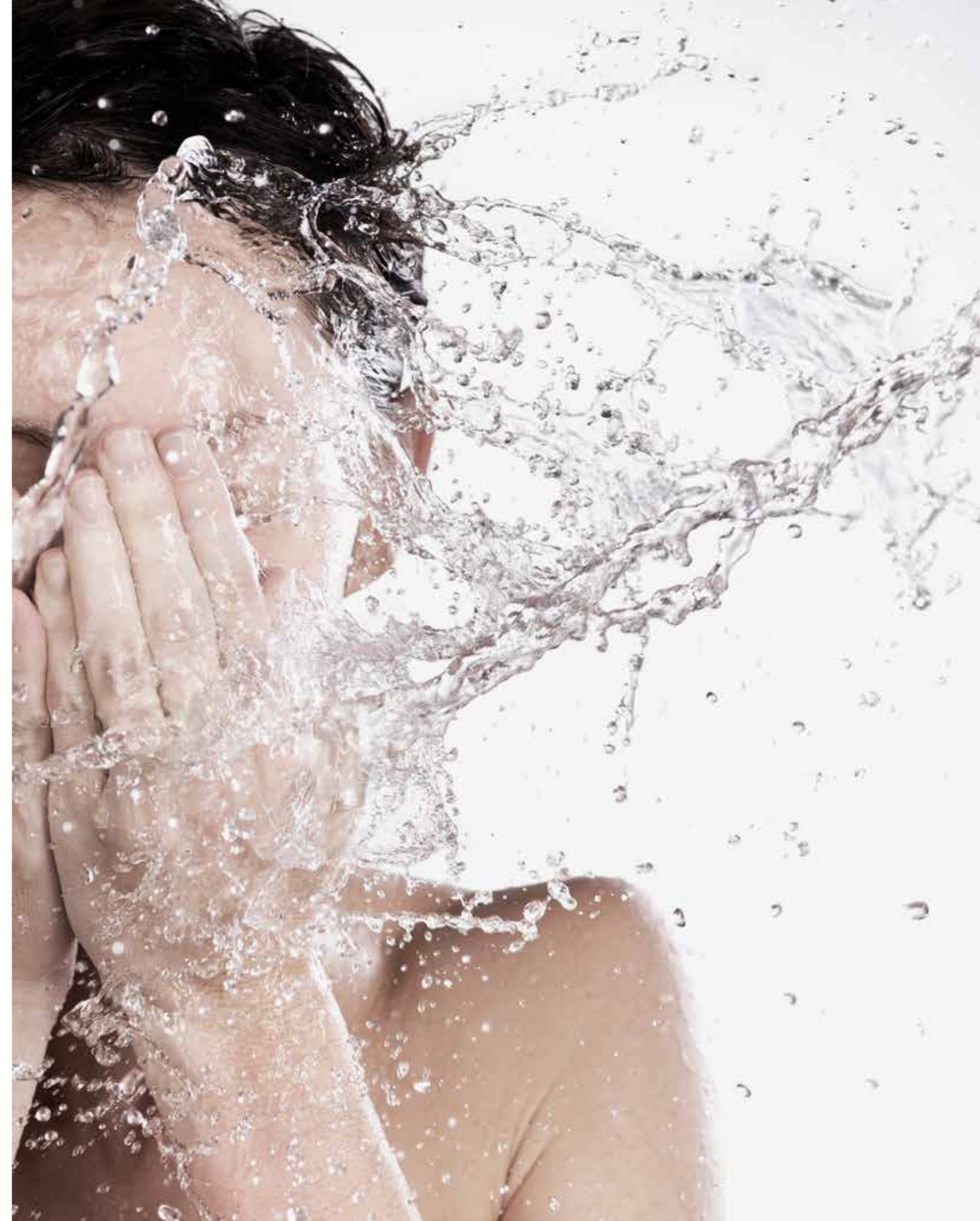
Contact-free, needle-free and deeply penetrative! JetPeel™ is one of the world's most exciting derma-cosmetic treatment methods, composed of several treatment steps: lymph drainage, massage, deep cleansing, exfoliation, pH management with oxygen and hydroporation.

In hydroporation, highly effective substances are massaged gently yet dynamically into the deepest layers of skin. JetPeel™ visibly and sustainably enhances your complexion in a short amount of time.

The JetPeel™ technology is a safe and effective treatment method for deep cleansing and complexion refining, which also stimulates blood flow and skin activity. The first positive results are visible and palpable immediately after the treatment: Small wrinkles are smoothed out and the skin appears fresh with a unique, natural glow.

JetPeel™ can be used to enhance the face, neck, décolleté and hands at any time.

JETPEEL™ Intensive	60 min.	€ 359
JETPEEL™ Hydroporation	50 min.	€ 298
JETPEEL™ Deep cleansing	30 min.	€ 149
JETPEEL™ Deluxe	90 min.	€ 498



SKIN ACTIVE BODY

The world's only non-invasive procedure
for muscle building and fat burning

EMSCULPT® is the latest innovative step in non-invasive body shaping. It improves the body contour, muscle density and muscle volume, and burns fat – all at the same time. **EMSCULPT®** is the only alternative to surgical buttock lifting and offers non-invasive buttock enhancement.

EMSCULPT® uses HIFEM® (High-Intensity Focused Electro-Magnetic Field) technology. HIFEM® makes up to 20,000 artificial muscle contractions per session possible. These are called supramaximal contractions, and they cannot be achieved by normal muscle movements. The muscles respond to a complete reshaping of their internal structure, i.e. myofibrils (muscle hypertrophy) increases and new protein strands and muscle fibres (muscle hyperplasia) form. This procedure results in the growth of the muscle structure. The final results of the treatment can be seen after about eight weeks.

- Intensive muscle building
- Buttock lifting effect
- FDA certified
- Confirmed by independent studies

Before the treatment can be carried out, a consultation with one of our doctors must first take place.

For modest improvement wishes, two treatments per zone are sufficient. For the best possible effects, four applications per selected zone should be performed. These should be punctuated by a treatment interval of at least two days.

EMSCULPT® ABDOMEN	30 min.	€ 873
EMSCULPT® BUTTOCKS	30 min.	€ 873
EMSCULPT® THIGHS Front	20 min.	€ 599
EMSCULPT® THIGHS Inside	20 min.	€ 599
EMSCULPT® CALVES	20 min.	€ 599
EMSCULPT® UPPER ARMS Triceps and biceps	40 min.	€ 1200

SHYLD™ BODY CONTOURING CONCEPT – THE MODERN ART OF BODY SCULPTING

THE SHYLD™

Shockwaves, hyperthermia and lymph drainage – a unique, innovative and clinically tested concept. Medical professionals and scientists have collaborated to develop this pioneering new therapy method to fight cellulite and stretch marks, reduce body size and to increase the skin firmness.

THE ART OF BODY SCULPTING BODY

Whole body, abdomen, buttocks, upper thighs or upper arms: this innovative and clinically proven body-sculpting concept rejuvenates tissue (abdomen, hips, thighs) in a graded treatment process. Intense shockwaves enhance cell elasticity, hyperthermia promotes collagen regeneration and tautens the skin, while an intensive massage simultaneously increases blood and lymph circulation.

- Treats cellulite, uneven skin and stretch marks
- Promotes fat burning
- Firms skin after weight loss
- Increases microcirculation and fibroblast growth
- Enhances skin texture

per 50 min. € 398

THE ART OF SKIN TIGHTENING FACE & NECK

Hyperthermia delivers a clearly noticeable reduction in wrinkles even after the first treatment. Atrophic skin is smoothed and wrinkle depth reduced. The formation of collagen and elastin is also activated. This intensive anti-aging treatment provides lasting results and enhanced skin texture: firmer, smoother, healthier.

- Firms skin
- Reduces line depth
- Activates cell regeneration
- Boosts microcirculation and fibroblast growth

per 50 min. € 424



SKIN ACTIVE MAN FACE

DETOX TREATMENT

A special decongestant, detoxifying and harmonising treatment for deep-pore cleansing and balance with detox drainage. It swiftly relieves allergic reactions and inflammations and ensures a pure, clear complexion.

60 min. € 227

GLY CLEAN SKIN

Deep-cleansing treatment to purify and refine for large-pored skin. A micro-peeling and concluding toning mask give the skin a clear, fresh and radiant complexion.

70 min. € 246

SKIN NORMALIZING TREATMENT

Deep-cleansing treatment with fruit acids; also the ideal primer for mesotherapie, as fruit acids can gently remove hardened skin from the upper surface of even the most sensitive areas, making it possible to achieve an optimal outcome. Sensationally effective treatment for pigmentation and liver spots.

60 min. € 275

SKIN REPAIR MAN FACE

EBONY HYDRA PERFORMANCE

Moisturising treatment with ebony wood for every type of male skin. Whether it is stress, extreme sun exposure or daily shaving, there are many causes of the need for moisture in men's skin. Natural active ingredients support your skin and return to it a sense of vitality and energy.

60 min. € 243

LANSERHOF ACTIVE FACE

This intensive moisturising treatment is provided exclusively with our own brand Lanserhof Special Care. The enzyme peel smoothes the skin structure and facilitates the subsequent application of highly intensive yet natural active serums containing hyaluronic acid and vitamins to penetrate the skin. Collagen synthesis is activated, skin density and tone improve and the line depth is reduced. The particularly compatible ingredients support and invigorate the skin's inherent immune function. Visibly improves skin quality.

70 min. € 259

HYDRO BOOSTER

Moisturising treatment for all types of male skin. Whether it is stress, extreme sun exposure or daily shaving, there are many causes of the real need for moisture in men's skin. Therapeutic essences, Zermatt glacial water, a relaxing massage as well as deep-reaching and long-lasting skin care refresh your skin on a fundamental level.

60 min. € 267
Refreshing booster with TDA 75 min. € 315

SKIN REGIMEN MAN

The Modern Plant Chemisty TM formula works thanks to highly concentrated, very effective plant substances. High-tech molecules work actively against the stress-related fatigue symptoms of male skin. Exclusive massage techniques as well as natural and refreshing aromas are extremely effective for a complete experience for both body and mind.

60 Min. € 274

TDA CARE2GO

Transdermal application: during the Seyo treatment, selected active ingredients are applied with highly-concentrated oxygen. The oxygen partial pressure makes it possible to apply the active agents in the deepest dermal layers. The result: a visible reduction in facial wrinkles and a fresh complexion. The ideal primer for mesotherapy.

40 min. € 359

EYE CARE INTENSIVE

An effective treatment for your eye area, precisely tailored to your individual requirements. The skin around the eyes is particularly thin; as a result, this is the most sensitive area of the face. The skin here reacts particularly quickly to fatigue, resulting in bags and dark circles. Intensive eye care provides you with a potent remedy for wrinkles, bags, fat deposits and shadows under the eyes.

50 min. € 187

PHARMOS MEN ONLY

A fresh appearance – new energy for him. This hydrating treatment is rich in active agents and works to revitalise and moisturise the skin. It smoothes away signs of stress and tension, leaving behind a healthy, well-groomed complexion.

60 min. € 249

ALPHA TROPHOX 112 TREATMENT – CONTOUR LIFT

A unique wow-effect treatment that uses an intensive skin-smoothing active ingredient serum to work on the mimic lines in particular. Especially before or after injections, this treatment is an ideal option for long-lasting results.

70 min. € 310

SKIN ACTIVE MAN BODY

ESSENTIAL SALT THERAPY

Effective treatment for tension, hardened skin and allergic reactions. Includes a massage and bath with Dead Sea salts to activate and strengthen the fluid exchange between tissues. It supports the metabolism, drainage and regeneration and provides a wonderful relaxing sense of well-being.

50 min. € 212

ALGAE SALT THERAPY

Combines elements of algae and salt therapies. Marine algae stimulate the osmotic exchange and provide a decongestant effect. The high proportion of magnesium salts and the energy-balancing effect reduce the impact of stress on the skin, promote harmony of yin and yang forces and revitalise the skin. This intensive treatment is rounded off by a balancing Thalasso bath.

75 min. € 298

ALGAE THERAPY YIN / YANG

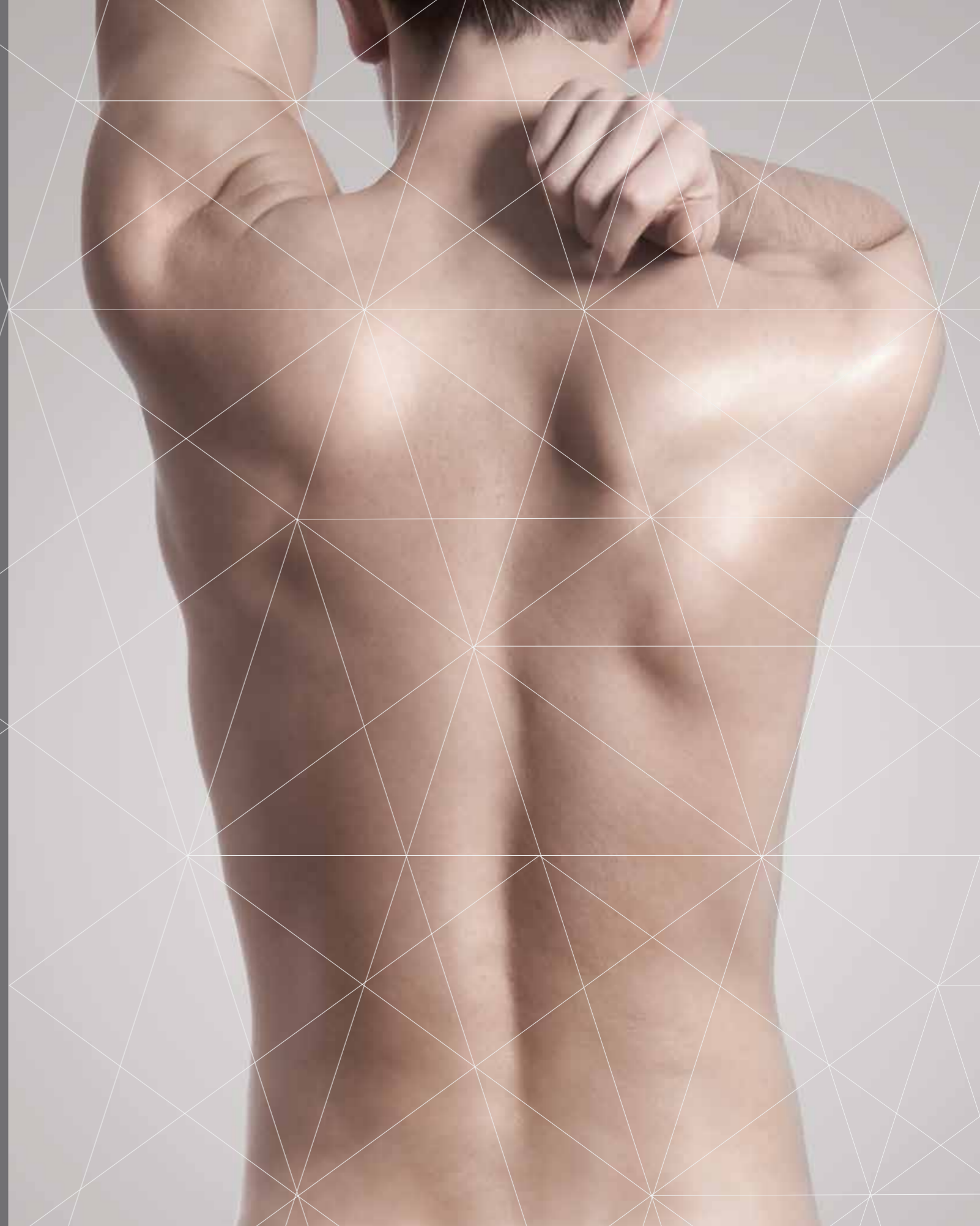
Individual treatment for a relaxed, decongested, tightened and moisturised fabric through Yin. Yang detoxifies, invigorates, regenerates and promotes fat reduction. With a special massage technique, the algae pack and a refreshing shower result in more elasticity and a healthier, compact skin.

50 min. with shower € 207

NATURAL DETOX

Purifying body pack which stimulates the lymphatic system and has a draining effect due to its natural ingredients of birch and juniper. Olive oil and honey provide the skin with nutrients.

50 min. with shower € 193



SKIN REPAIR MAN BODY

BODY ACTIVE – FIRMING

This treatment combines an intensive massage, a cupping glass massage, an activating, re-mineralising whole-body mud pack with thermal effects and a balancing shower to conclude. Provides a positive, active skin sensation.

75 min. € 289

FIRMER / ATHLETIC ABDOMEN

A preparatory brush massage stimulates blood circulation, while special products and vacuum drainage are used to activate subcutaneous tissue. A firming abdominal mask or abdominal wrap with active agents from algae extracts enhances the skin tone and stimulates the fat-burning process in connective tissues.

50 min. € 212

REVITALISING BODY TREATMENT

With body masks specifically tailored to cater for your skin's characteristics, this body treatment is moisturising, revitalising and re-mineralising. It enhances your skin's inherent regenerative ability and protective function. Phyto stem cells extracted from the Alpine rose in combination with essential oils noticeably increase the resilience and resistance of your epidermis against negative environmental impacts.

50 min. with shower € 205

SHYLD[™] BODY CONTOURING

Radio frequency therapy is used for the abdomen, hips or thighs. This innovative and clinically proven body-sculpting concept rejuvenates tissue in a graded treatment process. Intense shockwaves enhance cell elasticity, hyperthermia promotes collagen regeneration and tautens the skin, while an intensive drainage treatment simultaneously increases blood and lymph circulation.

50 min. per body part € 398

ABDOMINAL WRAP

A brush massage stimulates micro-circulation, while aromatic gels purify, drain and activate fat breakdown. A fast-acting aid to bring your abdomen back into shape.

30 min. € 99

Get your body in shape – with the new “Endosphères” Microvibration Technology

The microvibratory pressure waves effectively combat the degradation of microcirculation in fatty tissue and its visible effects, such as cellulite, sagging connective tissue as well as fat and water retention in all parts of the body.

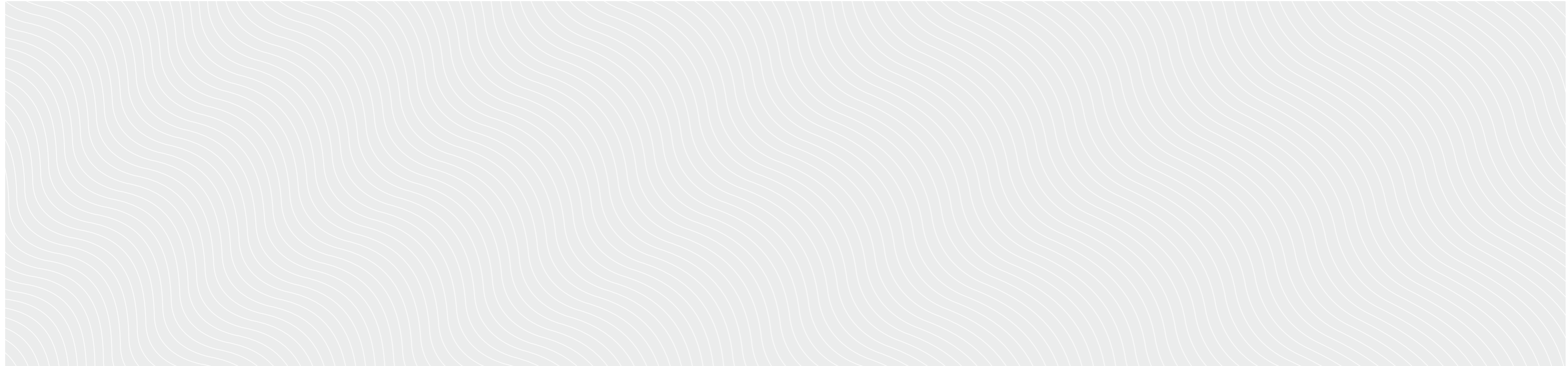
This treatment specifically aims to enhance the blood circulation, effectively optimising skin care, oxygen saturation, and cell regeneration. A general improvement in metabolism also promotes the purification and detoxification of the tissue.

PARTIAL BODY APPLICATION

Abdomen, hips

20 min. € 198

SERVICES



INDIVIDUAL SERVICES

Pedicure	€ 95	Nail polish extra	€ 46
Pedicure with varnish	€ 109	Facial lymph drainage	35 min. € 102
Pedicure with shellac	€ 143	Facial massage	€ 96
Manicure	€ 87	Facial ampoule during treatment	€ 33
Manicure with varnish	€ 106	Eye mask	€ 33
Manicure with shellac	€ 139		
Shellac removal	€ 53		

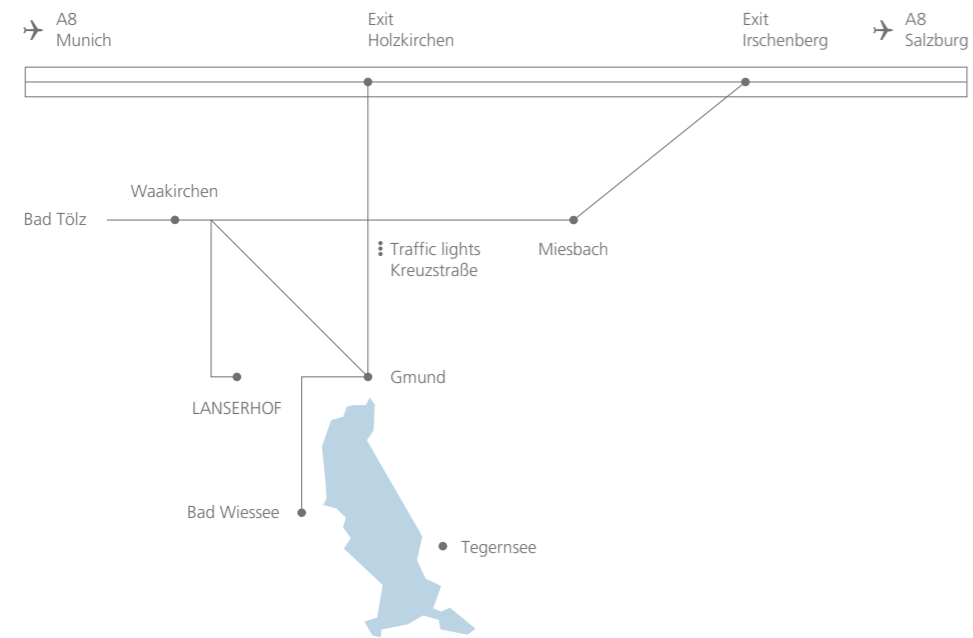
DEPILATION

Back with shoulder	from € 129
Full legs	€ 132
Lower legs	€ 83
Bikini area	€ 72
Underarms	€ 46

TINTING

Full face	€ 38	Eyelashes	€ 32
Chin	€ 22	Eyebrows	€ 29
Upper lip	€ 22		
Eyebrows	€ 20		

HOW TO FIND US



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